

# **ANNUAL REPORT**

**2014-15**

LOKOPRIYA GOPINATH BORDOLOI REGIONAL INSTITUTE OF MENTAL HEALTH  
TEZPUR - 784001  
ASSAM

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## DIRECTOR'S DESK

I am happy to present before you the Annual Report of the Lokopriya Gopinath Bordoloi Regional Institute of Mental Health for the period 1st April 2014 to 31st March 2015. The annual performance report also carries the financial performance report of the institute.

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, completes 139 years of its existence and service in the area of mental health care since its inception in 1876. Under the tutelage of the Ministry of Health and Family Welfare, Government of India, the LGBRIMH has taken rapid strides in consolidating its position as an important tertiary care institute on mental health and behavioral sciences in the last few years.

The institute has played a vital role in manpower development and research in the field of Mental Health and Allied Sciences. Introduction of various PG and Pre-doctoral programmes in the disciplines of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology has augmented mental health professionals. The LGBRIMH has also been identified and recognized as a centre for conducting PhD programmes in all these disciplines by the Gauhati University.

The institute is in a transitional phase in an effort to catch up with changing trends of the modern mental and behavioral health care needs. Several structural and functional modifications are being made to align the institute with that of other mental and behavioral health care institutions. Though we are running behind schedule in the various construction activities due to certain unforeseen hindrances, we are hopeful that by the end of this year main buildings of the institution will be completed.

The impact of the institute in the mental health care scenario of the N E Region of our country is evident by the records compiled in the succeeding pages of the report. The user population has not only increased exponentially but there is also a marked shift in the user expectation when compared to the earlier days of the institute. This has forced us to plan for newer services and modify the service delivery pattern of the existing services in many areas. In the coming years the plan is to consolidate on our strengths for user benefit. Already the Government of India has approved the establishment of the Neuro Surgery and Neurology departments in LGBRIMH on the lines of NIMHANS; the premier institute in this field. Efforts to establish these departments will be initiated by the end of this year.

Years of working in the field of health care planning and institution building has given us vital insights. Absence of facilities was never perceived as a vacuum, until we experienced the facilities that are now at our disposal. Often, while conceiving and building a public health institute, the real needs of consumers fail to get reflected. The LGBRIMH has not only been supplementing the deficient mental health care facilities in the region but has taken up initiatives for the benefit of the public in many ways.

I am grateful to the dedicated staff of the LGBRIMH, various civil bodies and the public for their support and suggestions for the development of the institute. Their active support is crucial for the smooth functioning of the institute in a remote area like Tezpur, Assam.

(Dr. S. K. Deuri)



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## CHAPTER 1

## INTRODUCTION

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), established in the year 1876 in the Sonitpur district of Assam, is one of the three stand alone tertiary care institutes in the field of mental health and behavioural sciences in the whole country, administered and funded by the Government of India.

The LGBRIMH has played an important role in providing mental health services in the NER states and eastern region of the country. The institute is modelled after NIMHANS, Bangalore, and is expected to be developed into a tertiary care neuro psychiatric set up under the tutelage of the Government of India.

Key areas of expertise of LGBRIMH are Treatment, Teaching and Research activities in the field of mental health and allied disciplines. The Institute has an attached hospital with inpatient care facilities for 336 patients. The patients are looked after by a team of mental health professionals, residents, nurses, warders and attenders. The treatment facilities are offered free of cost to all the patients. The Institute offers regular courses under Gauhati University with M.D. in Psychiatry, M.Sc. in Nursing (Psychiatric Nursing), M. Phil in Psychiatric Social Work and M. Phil in Clinical Psychology and also Post-Basic Diploma course in Psychiatric Nursing. Other than these, the Institute provides exposure training to visiting students from various medical, para-medical and non-medical institutions. The students and staff are also engaged in various consultancy activities organized by different governmental and non-governmental organizations.

## CHAPTER 2

# VISION

To develop Lokopriya Gopinath Bordoloi Regional Institute of Mental Health as a national institute of importance.

# MISSION

1. To deliver free mental health care uniformly for all.
2. To develop manpower for delivering the services.
3. To promote research activities for enhancing knowledge.

# OBJECTIVES

1. To provide equitable access to mental health care to all sections of society with effective linkages to the other health related institutions.
2. To develop human resources for delivering the services.
3. To reduce overall disease burden by providing proper sustainable rehabilitation measures.
4. To promote positive mental health for all sections of people of the region through collaborative activities with different social and educational organizations.
5. To provide conducive environment for research activities in collaboration with different agencies.
6. To facilitate implementation of National Mental Health Programme (NMHP).
7. To develop infrastructure for all related activities with a multimodal approach.



## CHAPTER 3

**PREFACE**

This report covers all accomplished achievements of the Institute in the three areas, namely patient care, training and research in the financial year 2014-15. It also portrays the financial part of the Institute.

The report depicts utilization of allocated funds from the Govt. of India.

This report disseminates information about the services provided by the institute in respect of public benefit during the financial year 2014-15.

## CHAPTER 4

**EXECUTIVE SUMMARY**

The purpose of this report is to emphasize on the activities accomplished by different departments of the Institute. It offers a glimpse on the progress of the institute in terms of fulfillment of academic objectives, patient care services, research and infrastructure development in the period 2014-15. The text is structured into 9 units.

**UNIT I :** introduces the reader to the Institute's mission statement and composition of the administration and management. It also includes preface, executive summary and the Director's message.

**UNIT II :** outlines the academic section with emphasis on execution of academic activities, research strategies, and services rendered by different departments of the Institute to the society.

**UNIT III :** incorporates the Outdoor and Indoor department highlighting the services and procedure followed for receiving treatment at OPD and services and healthy environment provided to the patients at the Indoor Section.

**UNIT IV :** includes the supportive services that facilitate the Institute in accomplishment of tasks necessary for completion of the functioning of the Institute as a whole.

**UNIT V :** presents two chapters that explore the Institute's commitment towards the society through outreach programs and rehabilitation efforts.

**UNIT VI :** highlights the special functionaries of the Institute - Ethics Committee, Scientific Review Committee, RTI, and Parliamentary Questions.

**UNIT VII :** highlights the events celebrated at the Institute and the moments that made the Institute feel proud by the visit of dignitaries from Assam and other parts of the country.

**UNIT VIII :** comprises student intake, passing out of students speciality wise, and visiting faculty.

**UNIT IX :** presents the Auditor's report.

## CHAPTER 5

**ADMINISTRATION AND MANAGEMENT**

The Board of Governors, Executive Council, Board of Visitors and the Finance Committee are the core management functionaries of the Institute. A list of the bodies along with their respective Chairman and members is given below:-

The Board of Governors is the apex body governing the Institute. The Union Minister of Health and Family Welfare is its Chairman.

**Chairman and Members of the Board of Governors**

1. Union Minister of Health & Family Welfare	Chairman
2. Chief Minister of Assam	Vice-Chairman
3. A Representative of the Planning Commission	Member
4. Health Minister of Assam	Member
5. Health Minister of Arunachal Pradesh	Member
6. Health Minister of Meghalaya	Member
7. Health Minister of Manipur	Member
8. Health Minister of Mizoram	Member
9. Health Minister of Nagaland	Member
10. Health Minister of Sikkim	Member
11. Health Minister of Tripura	Member
12. Secretary, Health & Family Welfare, Govt. of India	Member
13. Secretary, Ministry of DONER, Govt. of India	Member
14. Secretary, North Eastern Council, Shillong	Member
15. Director General of Health Services, Govt. of India	Member
16. Addl. Secy. & F.A, Ministry of Health & F.W, Govt. of India	Member
17. Vice Chancellor of the Gauhati University	Member
18. President of Medical Council of India	Member
19. President of Indian Nursing Council	Member
20. President, National Board of Examination	Member
21. President, Rehabilitation Council	Member
22. Director, NIMHANS, Bangalore	Member
23. Two Psychiatrists to be nominated by the Ministry	Member
24. Director, LGB Regional Institute of Mental Health	Member Secretary

## Chairman and Members of the Executive Council

The Executive Council manages the day to day business and affairs of the society as well as the Institute. The Secretary of Health and Family Welfare, Govt. of India, is its Chairman.

1. Secretary, Health & Family Welfare, Govt. of India	Chairman
2. Secretary, North Eastern Council, Shillong	Vice-Chairman
3. Addl. Secy. & F. A, Ministry of Health & F.W, Govt. of India	Member
4. Commissioner & Secretary, Health & F. W, Assam	Member
5. Commissioner & Secretary, Health & F. W, A.P	Member
6. Commissioner & Secretary, Health & F. W, Meghalaya	Member
7. Commissioner & Secretary, Health & F. W, Manipur	Member
8. Commissioner & Secretary, Health & F. W, Mizoram	Member
9. Commissioner & Secretary, Health & F. W, Nagaland	Member
10. Commissioner & Secretary, Health & F. W, Tripura	Member
11. Commissioner & Secretary, Health & F. W, Sikkim	Member
12. Joint Secretary, Ministry of Health & F.W, Govt. of India	Member
13. A Representative of Director General of Health Services, GOI	Member
14. Medical Superintendent, LGBRIMH, Tezpur	Member
15. Academic Representative, LGBRIMH, Tezpur	Member
16. Nominated Member of the Ministry	Expert Member
17. Nominated Member of the Ministry	Expert Member
18. Director, LGBRIMH, Tezpur	Member Secretary

## Board of Visitors

The Secretary, Ministry of Health and Family Welfare, Govt. of India, Nirman Bhavan, New Delhi has constituted the Board of Visitors of LGBRIMH with the following members :

1. Dr. Hiranya Kr. Goswami, Professor & HOD (Psychiatry), A. M. C., Dibrugarh.
2. Dr. H. R. Phookan, Professor of Psychiatry, Gauhati Medical College, Guwahati.
3. Major General (Rtd.) Dr. Purnananda Das, Ex-Professor of Psychiatry (AFMC, Pune).
4. Dr. Dipesh Bhagabati, Professor of Psychiatry, Gauhati Medical College Hospital, and Secretary State Mental Health Authority.
5. Representative of the Head of the Medical Services of the State of Assam.
6. Shri Om Prakash Bagaria, Local Resident, C/o K. B. Stores, Main Road, Tezpur.
7. Mrs. Meenakshi Bhuyan, Social Worker, K.P. Memorial School, Parua Tiniali, Tezpur.
8. Md. Nazim Ahmed, Social Worker, Ex-Police Line, Tezpur.

## Finance Committee

The Finance Committee of the Institute consists of the following members :-

- |  |                  |
|--|------------------|
| 1. Additional Secretary & Financial Advisor, MoH&FW, GOI | Chairperson      |
| 2. Joint Secretary, MoH&FW, GOI                          | Member           |
| 3. Director, LGBRIMH                                     | Member           |
| 4. Medical Superintendent, LGBRIMH                       | Member           |
| 5. Chief Finance & Accounts Officer, LGBRIMH             | Member Secretary |

## GENERAL ADMINISTRATION

### Director

Dr. S. K. Deuri, DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)

### Medical Superintendent

Dr. Anil Ch. Sarmah, MD (AMCH, Dibrugarh University)

### Deputy Medical Superintendent I/C

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bangalore)

### Controller of Examinations

Dr. K. Pathak, MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)

### Assistant Medical Superintendent

Dr. P. K. Sarma, MBBS (GMCH, Gauhati University), DPM (NIMHANS, Bangalore)

### Chief Finance & Accounts Officer

Mr. J. K. Sarmah, BA (SOG)

### Accounts Officer

Mr. Ujjal Tarafdar, B. Com

### Administrative Officer

Mr. Tapan Mohanta, MA

## CHAPTER 6

**ACADEMIC SECTION**

The institute started various academic programmes in the field of mental health with an objective to augment the mental health manpower of the country. The academic departments were established in the year 1998 and the first academic programme got underway in 2001 in the form of Diploma in Psychiatric Nursing.

Academic courses offered by the Institute in the field of mental health and behavioural sciences:

- MD (Psychiatry)
- DNB (Psychiatry)
- M. Phil (Psychiatric Social Work)
- M. Phil (Clinical Psychology)
- M. Sc. (Psychiatric Nursing)
- Diploma in Psychiatric Nursing (DPN)

Other than the regular courses conducted by the institute, it is the identified centre for providing training in mental health for both medical and non-medical students on a short term basis for students from the educational institutions in the different parts of the country.



View of the Academic Section

### Academic Calendar :

The academic calendar of the institute is as given below :

Date of Advertisement for Admission	December last week / January First Week
Filling up of online application form	December last week / January First Week
Last date of filling of online application form	January last Week / February First Week
Date of Entrance Test	First Sunday of March
Declaration of result	Within two days of entrance examination
Date of admission	1 <sup>st</sup> to 3 <sup>rd</sup> May
Start of session	May first week

### Entrance Examination :

Online system has been adopted for submission of applications for the three courses, namely M.Sc. Nursing (Psychiatric Nursing), M. Phil in Clinical Psychology and M. Phil in Psychiatric Social Work. The entrance examination was conducted centrally at the institute campus on 8th March, 2015. A total number of 170 forms have been submitted online out of which 165 students were selected to appear in the exam and 119 students actually appeared in the exam.



Entrance examination held on 08.03.15



## DEPARTMENT OF PSYCHIATRY

### Introduction :

Psychiatric service has been the lone role of the Institute since 1876. A separate full-fledged Department of Psychiatry was established in 1998. Initially the department comprised of curative function only, but with the passage of time, the department has embraced teaching and research function also. The Department has introduced the DNB and the MD course in Psychiatry in 2006 and 2010 respectively.

The trainees of the M.D. and D.N.B. courses are involved in different academic activities like seminar, case conference, journal club, short topic discussion, theory classes, OPD services and ward round under the supervision of the faculties of the department.

The services of the faculty and the resident doctors are not limited to indoor, outdoor and community extension clinics. They also provide services in different consultancy activities organized by governmental and non-governmental organizations.

### Faculty :

Post	Name	Qualification
Professor Director	Dr. S. K. Deuri	DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)
Professor and Head	Dr. (Mrs. ) Aparajita Baruah	MD (GMCH, Gauhati University)
Associate Professor	Dr. Kangkan Pathak	MD (GMCH, Gauhati University), MPS (IIPS, Mumbai)
Associate Professor	Dr. K. N. Kalita	MD (GMCH, Gauhati University) / PG Diploma in Hospital and Health Management under IGNOU
Assistant Professor	Dr. Oli Roy Chakraborty	MD (GMCH, Gauhati University)
Assistant Professor	Dr. Dhruvajyoti Chetia	MD (AMCH, Dibrugarh University)
Assistant Professor	Dr. Soumik Sengupta	MD (Gauhati University)
Assistant Professor	Dr. Vijay Gogoi	MD (Dibrugarh University)
Assistant Professor	Dr. Bandana Timungpi	MD (Assam University)

## Services :

Numbers of visits by patients seen in routine and special clinics amidst the present and the preceding two years are as per the following :

	2014-15	2013-14	2012-13
<b>General Psychiatry</b>			
OPD	104121	95020	79350
New cases	19226	17333	13851
Old cases	84895	77687	65499
Inpatients	1825	1586	1447
<b>Special Clinics</b>			
New Cases	5197	2013	1534
Old Cases	14204	8548	6262
<b>Community Clinic</b>			
New cases	311	429	634
Old cases	7760	8035	6865

## Special Clinics/Services :

There are four Special Clinics which are held once in a week in the OPD. The total number of patients seen at each of the special clinics in 2014-15 is given beneath:

CLINICS	NEW	OLD
Geriatric	1949	4449
Epilepsy	439	3116
Alcohol and Drug Dependence	715	1605
Child Guidance	2094	5034

## Academic Activities :

- The 3rd Board of Studies (BOS) meeting for the Department of Psychiatry was held on 15th November 2014.



BOS meeting held on 15.11.14.

- The second batch of M.D. students (2) appeared in the final exam held from 19th to 26th April 2014. Dr. Vinod Kumar Sinha, Director Professor, Department of Psychiatry, Central Institute of Psychiatry (CIP), Ranchi, and Dr. H. R. Phookun, Professor of Psychiatry, Gauhati Medical College, were the external examiners for the examination.



Final examination of MD (Psychiatry)

- The semester examination for DNB Psychiatry was held on 26th and 27th September 2014 respectively. Dr. Kamala Deka, Associate Professor of Psychiatry, Assam Medical College and Hospital (AMCH), Dibrugarh, was the external examiner.



Semester practical examination of DNB Psychiatry in presence of Dr. Kamala Deka.

### **Exposure Training :**

MD and DNB students from the Department were posted at the following centres for exposure training as mentioned below:

- 2 DNB students were posted at NIMHANS, Bangalore, from 1st October, 2014 - 29th November, 2014.
- 2 MD students were posted at NIMHANS, Bangalore, from 1st December, 2014 - 31st January, 2015.
- The MD and DNB students were posted for 2 months at Gauhati Medical College for Internal Medicine and Neurology posting in 2 batches from 16th July, 2014 to 15th September, 2014 and 1st August, 2014 to 30th September, 2014, respectively.

Students from other institutions are provided the opportunity to undergo exposure training in the institute.

- A total number of 41 students from Govt. Ayurvedic College, Guwahati, came for 5 days clinical demonstration from 23rd to 27th June, 2014.
- Twelve (12) students from Assam Homoeopathic Medical College and Hospital, Nagaon, came for 7 days clinical demonstration from 17th to 23rd November, 2014.
- A total number of Twenty Eight (28) students from Swahid Jadav Nath Homoeopathic Medical College and Hospital, Guwahati, came for exposure training from 2nd March-7th March, 2015 and 9th March - 14th March 2015 respectively.
- Nine (9) students from Assam Homoeopathic Medical College and Hospital, Nagaon, came for exposure training from 16th March - 21st March, 2015.
- Fifteen (15) students from Dr. J.K. Saikia Homoeopathic Medical College and Hospital, Jorhat, came for exposure training from 30th March - 4th April, 2015.

### Inspection :

- Dr. Pradip Kr. Saha, Director of Institute of Psychiatry, Kolkata, deputed by the Medical Council of India (MCI), conducted inspection for recognizing the MD Psychiatry course at LGBRIMH on 6th February, 2015.



MCI Inspection for recognition  
for MD Psychiatry on 06.02.15

- Dr. Dinesh Kataria from National Board of Examinations (NBE) visited the Institute as an Inspector of the NBE, New Delhi, on 14th February 2015 for Renewal of DNB course in Psychiatry.



Inspection for Renewal of DNB course in Psychiatry

### External Examinership :

- Dr. K.N. Kalita, Associate Professor, Department of Psychiatry, went for DNB Theory paper evaluation at National Board of Examinations (NBE) Office, New Delhi, in the month of July 2014.
- Dr. K.N. Kalita went for DNB Practical Examination at Ramaiah Medical College, Bangalore, from 9th to 10th December 2014.

### Thesis :

The MD and DNB students presented their thesis protocols during the session 2014-15. The titles for the studies are as follows :

#### MD Thesis :

- Comparative study of clinical and socio demographic correlates between Schizophrenia patients having higher and lower initial seizure threshold (IST).
- Suicidal idea in Schizophrenia: A Cross-Sectional Study.
- Association of impulsivity and depressive symptoms in Alcohol Dependence - a cross-sectional study.

**DNB Thesis :**

- A comparative study of unilateral vs. Bilateral Electroconvulsive Therapy (ECT) augmentation of Antipsychotics in Persons With Schizophrenia.
- A Cross Sectional Study of Knowledge, Behaviour and Attitude on Sexuality Among College Going Youth.
- Temperament as Endophenotype of Bipolar Affective Disorder: A Cross Sectional Study
- Effect of Substance Abuse on Aggression in First Episode Psychosis: A Cross-Sectional Study.

**Research Proposals by Various Faculty Members and Senior Residents Are As Follows:**

- Prescribing pattern of Conventional Antipsychotic depot, antipsychotic clozapine and anticholinergic in a mental health service centre in India.
- Study of Clinical and Sociodemographic correlates of Seizure Threshold and Predictors of Response in ECT.
- Clinical Presentation in Cannabis induced psychotic disorder.
- A study of Clinical Presentation and Outcome of First Episode Schizophrenia With Gender Differences.
- A study of Sociodemographic and clinical variables of patients readmitted into a Tertiary Psychiatric Institute.
- A Clinical Study on Diagnostic Stability of Acute and Transient Psychotic Disorder in a Tertiary Mental Health Centre in North East Region of India.
- Phenomenology of Depression in Elderly Compared to Middle-Aged and Younger Adults: A Study



Thesis Protocol Presentation

### Research Publication, Presentation and Related Activities :

- The ongoing community project entitled "Integration of Mental Health Service Towards Development of Community Based Rehabilitation" has entered the final phase. It is funded by the Ministry of Health and Family Welfare, Govt. of India. The self-help groups and ASHA workers employed under NRHM are functioning satisfactorily under the project.
- The research project INCENSE was initiated in 2011 in collaboration with Sangath, Goa with funding from Sir Dorabjee Tata Trust. The aim of this project is to design a model for care of persons with severe mental illness and further initiate the intersectoral collaboration for continued care and rehabilitation. Pune is the other site of the project. Dr. S. Chatterjee, Sangath, Goa, is the Principal Applicant for the project and Prof. V. Patel, Sangath, Dr K. N. Kalita, LGBRIMH, and Dr H. Dabolkar, Parivartan, Pune, are the Co-Principal Applicants for the project. Efforts are underway to link up various educational, technical and management institutes and marketing agencies of the region for rehabilitation of persons with mental illness.

### Conferences/Seminars/Workshops Organized :

- Dr. S. Chandragiri, Medical Director, Oregon State Mental Institute, USA, was the resource person in the workshop on "Stress Related Disorder" organized by the Department of Psychiatry on 19th April 2014.



Dr. S. Chandragiri delivering lecture on Stress Related Disorder.



- Dr. Kishore Das from Dept. of Statistics, Gauhati University, was the resource person in the workshop on 'SPSS Application' organized by the Department of Psychiatry from 6th -7th September 2014.



Dr. Kishore Das delivering lecture on SPSS Application.

- Dr. Sanjeev Jain, Professor and HOD of Psychiatry, NIMHANS, was invited as a guest faculty for classes on Psychiatry on 14th November 2014.
- Dr. Alok Sarin, Psychiatrist, Sitaram Bhartia Institute of Science and Research, New Delhi, was the resource person for discussion on "Mental Health Care Bill" on 15th November 2014.



Dr. Alok Sarin delivering a lecture on Psychiatry.

- Dr. Joydev Sharma, Professor of Anatomy, GMCH, was invited as a guest faculty for classes on Neuroanatomy from 16th January-17th January, 2015.
- Dr. Marami Das, Associate Professor of Neurology, GMCH, and Dr. Jayanti Kalita, Professor of Neurology, SGPGIMS, were the resource persons in the workshop on "EEG" held on 21st and 22nd February 2015 respectively.
- Dr. Rituparna Barooah, Associate Professor of Physiology, NEIGRIHMS, was invited as a guest faculty for classes on Neurophysiology from 23rd February - 24th February, 2015.



Dr. Rituparna Barooah delivering lecture on Neurophysiology.

- Dr. Marami Das, Associate Professor of Neurology, GMCH, was invited as a guest faculty for classes on Neurology held from 23rd March - 24th March, 2015.



Dr. Marami Das delivering a lecture on Neurology.

### Seminars/Conferences/Workshops Attended :

- Dr. A. Baruah, Professor cum HOD, Psychiatry, Dr. P.K. Sarma, Deputy Medical Superintendent, Dr. K.N. Kalita, Associate Professor, Psychiatry, Dr. D.J. Chetia, Assistant Professor, Psychiatry, and Dr. Soumik Sengupta, Assistant Professor, Psychiatry, attended the Mid-term CME of IPS, Assam State Branch, at Jorhat, on 10th May 2014.

- Dr. A. Baruah, Professor cum HOD, Psychiatry, Dr. D. J. Chetia, Assistant Professor, Psychiatry, and 5 PG students (MD/DNB) attended the Mid-term CME of IPS held at Imphal from 18th -19th June, 2014. Dr. A. Baruah chaired the session whereas Dr. D.J. Chetia was the resource person.
- Dr. Soumik Sengupta, Assistant Professor, Psychiatry, was the resource person in the awareness programme on “International Anti Drug Trafficking Day” held at Gutlong, Tezpur, on 26th June 2014.
- Dr. K.N. Kalita, Associate Professor, Psychiatry, attended the 17th Mid Term CME of Indian Psychiatric Society, Eastern Zonal Branch, organized by Manipur State Psychiatric Society and Department of Psychiatry, RIMS, held at Jubilee Hall, RIMS, Imphal, on 19th and 20th July 2014. The theme was “Gender and Sexuality.”
- Dr. D.J. Chetia, Assistant Professor, Psychiatry, was an invited speaker at the 13th Sun PG CME organized by the Department of Psychiatry, Sikkim Manipal Institute of Medical Sciences, at Gangtok, Sikkim, from 7th August to 9th August 2014. He spoke on “Management of Behavioural Problems in Children With Intellectual Disability.”
- Dr. Soumik Sengupta, Assistant Professor, Psychiatry, and Dr. V. Gogoi, Assistant Professor, Psychiatry, were the resource persons at a career counselling programme for school children of class IX and X at Jamuguri on 30th August 2014.
- Dr. K.N. Kalita, Associate Professor, Psychiatry, Dr. D.J. Chetia, Assistant Professor, Psychiatry, Dr. P.K. Sarma, Deputy Medical Superintendent, Dr. Vijay Gogoi, Assistant Professor, Psychiatry, along with Senior Residents and PG Junior Residents of the department attended the Annual Conference of IPS, Assam State Branch, held at Dibrugarh on 17th October 2014.
- Dr. A. Baruah, Professor cum HOD, Dr. Kushal Tamuli, Senior Resident, Dr. Arunjyoti Baruah, Prof. of Psychiatric Nursing Dept. and Mrs. Buli Nag Daimari, Psychiatric Social Worker, attended an awareness programme on “Witch hunting” at Dhekiajuli, organised by Distirct Administration, Sonitpur, in December, 2014.
- Dr. Soumik Sengupta, Assistant Professor, Psychiatry, Dr. Bondana Timungpi, Assistant Professor, Psychiatry, Dr. Priya Ranjan Avinash, Senior Resident, and Dr. Arizwaseem Inamdar Shahajahan, Senior Resident, attended ANCIPS-2015 at Hyderabad held from 8th January - 11th January 2015.

- Dr. D.J. Chetia, Assistant Professor, Psychiatry, was invited as a guest faculty for a session on "Facial Expression and Eye Contact," at MDKG College, Dibrugarh, on 23rd January 2015.
- Dr. A. Baruah, Professor cum HOD, Psychiatry, attended the workshop "Current Regulatory Requirements for Members of IEC" organized by CDSA under Ministry of Biotechnology, Govt. of India, held at Assam Medical College, Dibrugarh, from 25th March - 26th March, 2015.
- Dr. Kushal Tamuli, Senior Resident, attended an awareness meeting on witch hunting organized by Assam College Teachers' Association held at Chariduar on 28th March, 2015.
- Dr. K. N. Kalita, Associate Professor, Psychiatry, attended a workshop on All India Survey on Higher Education (AISHE) held at Gauhati University, Guwahati, on 31st March 2015.

#### Other Important Activities :

- LGBRIMH in collaboration with Tezpur Jesto Nagarik Sansthan has organized a health camp on Senior Citizen at LGBRIMH on 28th June 2014 which was presided over by Mr. Lalit Gogoi, Deputy Commissioner of Sonitpur District.



Health Camp for Senior Citizens on 28.06.14.

- On 2nd October 2014, i.e. on the occasion of Gandhi Jayanti, the Institute celebrated the event by continuing efforts for cleanliness at the institute premise as a commitment to Swachh Bharat Mission announced by Hon'ble Prime Minister Mr. Narendra Modi. All officers, faculty, staff and students participated in this task of cleanliness.



Observance of Swachh Bharat Mission on 02.10.14.

## DEPARTMENT OF PSYCHIATRIC NURSING

### Introduction :

The department of Psychiatric Nursing was started in the year 1998 for enhancing professional training and thereby augment manpower resources in the field of Psychiatric Nursing. The department is presently running two courses, i.e. Diploma and M.Sc. in Psychiatric Nursing. Diploma in Psychiatric Nursing is a one year course with intake of 30 trainees deputed from all of the eight North Eastern States. M.Sc. Nursing is a two year full time course with intake of 12 students. The department has the distinction of introducing the first M.Sc. Nursing (Psychiatric Nursing) course in the North East region.

### Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
Head and Associate Professor	Dr. Arunjyoti Baruah	M. Sc. in Psychiatric Nursing (NIMHANS, Bangalore), M. Sc. in Psychology (Gauhati University), M. Phil Nursing (MAHE, Manipal), Ph.D. in Psychiatric Nursing (National Ph.D. consortium by Indian Nursing Council, RGUHS)
Nursing Tutor	Ms. Nurnahar Ahmed	M. Sc. in Psychiatric Nursing (Gauhati University)
Nursing Tutor	Ms. Pratima Hainary	B. Sc. Nursing (CMC, Vellore), DPN (CIP, Ranchi University)
Nursing Tutor (Till 27 <sup>th</sup> January 2015)	Ms. Bineeta Nath	M. Sc. in Psychiatric Nursing (Gauhati University)
Nursing Tutor (Till 5 <sup>th</sup> February 2015)	Ms. Ambily K. Gopal	M. Sc. in Psychiatric Nursing, Kerala Health University.

## Academic Activities :

- Final examinations of M. Sc. Nursing (Psychiatric Nursing) 1st and 2nd year and DPN were held from 31st March 2014 to 12th April 2014.
- Dr. M. S. Khanikor, Principal, Regional College of Nursing, Mrs. Ashima Chakravorty, Principal, College of Nursing, BM Birla Heart Institute, Kolkata, Mrs. Puspita Chakravorty, Prof. cum Vice Principal, College of Nursing, Silchar Medical College, Dr. Tarulata Kakoti Majhi, Prof. cum Vice Principal, College of Nursing, Assam Medical College, Dibrugarh, were the external examiners for both the examinations.
- Admission to the eighth batch of M. Sc. Nursing (Psychiatric Nursing) for the session 2014-16 was completed. A total of 12 candidates were admitted to the course. A new batch of 7 students was admitted under DPN course out of which 2 were in-service candidates of LGBRIMH.
- The results of the final examination of M. Sc. Nursing (Psychiatric Nursing) 1st year and 2nd year were declared in the month of May 2014. A total number of 10 students and 11 students appeared in the 1st year and 2nd year final examination respectively. All of them successfully cleared the examination.
- The result of the final examination of D.P.N. was declared in May 2014. A total number of 10 students appeared in the examination and all of them were successful in clearing the examination.
- One student each of M. Sc. Nursing (Psychiatric Nursing) 1st year and 2nd year and two DPN students appeared for supplementary examination held on 26th and 27th September, 2014 and all of them were successful in clearing the examination. Prof. Pushpita Chakravorty, Vice Principal B.Sc., CON, Silchar, was the external examiner.

- The Board of Studies (BOS) meeting for M.Sc. Nursing (Psychiatric Nursing) was held on 7th November 2014 at LGBRIMH, Tezpur. Dr. S.K. Deuri, Director, LGBRIMH, Tezpur, Dr. K. Redemma, Prof. and Nodal Officer, Dr. K. Lalitha, Prof. cum guide of National PhD. Consortium, HoD, Dept. of Psychiatric Nursing, NIMHANS, Bangalore, Dr. M. S. Khanikor, Principal, RNC, Guwahati, Prof. Mosphia Khanon, Principal, B.Sc. College of Nursing, Dibrugarh, Cathrene Myrthong, Principal, College of Nursing, NEIGRIHMS, Shillong, Dr. Arunjyoti Baruah, Associate Professor, HOD, Dept. of Psychiatric Nursing, LGBRIMH, Tezpur, and Dr. A. Baruah, Professor and Head, Department of Psychiatry, LGBRIMH, Tezpur, were the members present in the meeting.



BOS meeting held on 07.11.2014.

- Model test of M.Sc. Nursing (Psychiatric Nursing) and DPN students was conducted from 12th-20th March 2015.
- Final examination of M.Sc. Nursing (Psychiatric Nursing) and DPN students was held from 31st March 2015.



### External Examinership :

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was an external examiner at Asian Institute of Nursing Education under SNDT Women's University, for thesis examination of M.Sc. Nursing 2nd year held on 23rd April 2014.
- Dr. Arunjyoti Baruah was an external examiner at Assam Down Town University for examination of 2nd year M.Sc. Nursing students of Sankar Madhab College of Nursing, Guwahati, on 28th May 2014.
- Dr. Arunjyoti Baruah was an external examiner for examination of M.Sc. Nursing students under W.B. University of Health Sciences held from 15th to 17th July, 2014.
- Dr. Arunjyoti Baruah was an external examiner for examination of 1st year and 2nd year M.Sc. Nursing students of R.N.C. under Sankardeva University of Health Science held on 29th and 30th September, 2014.
- Dr. Arunjyoti Baruah was an external examiner for examination of DPN students at Central Institute of Psychiatry (CIP), Ranchi on 24th November 2014. She was also invited as a guest faculty to CIP from 25th-27th November 2014.

### Inspection :

- Dr. Indranee Phookan Borooah, Professor, Head, Department of Psychology, Gauhati University, and Dr. Dipanjali Medhi, Associate Professor, Department of Psychiatry, GMCH, Guwahati, visited the Institute on 10th September 2014 for inspection of permanent affiliation of M.Sc. Nursing Course (Psychiatric Nursing) and initiation of Ph.D. programs in the Institute.



Inspection for permanent affiliation of M.Sc. Nursing (Psychiatric Nursing) and initiation of Ph.D. program on 10.09.14.

### Exposure Training :

- Second Year M.Sc. Nursing students were posted in Central Institute of Psychiatry (CIP), Ranchi, for exposure from 17th to 31st July, 2014.
- Second Year M.Sc. Nursing and DPN students were posted in NIMHANS, Bengaluru, for three weeks and two weeks respectively.
- First year M. Sc. Nursing students were posted in Guwahati Medical College Hospital (GMCH) for clinical experience in Neurology and ICU from 6th November 2014 to 3rd December 2014 in 2 batches.
- Second Year M.Sc. Nursing (Psychiatric Nursing) students were posted along with one faculty in Kanaklata Civil Hospital (KCH), Tezpur, for exposure in post natal ward from 19th to 24th January 2015. During the posting in K.C.H., the students provided health talk to the patients and family members on different topics like - importance of exclusive breast feeding and the technique, care of new born baby, immunization, nutrition of post natal mother, care of hygiene, and psychological care of the post natal mother.

### Field Visit :

- First year M.Sc. Nursing students visited Assam Nursing Council, Guwahati, and Ashadeep, Guwahati on 4th and 15th December 2014 respectively.
- Second year M.Sc. Nursing and DPN students visited District Disability Rehabilitation Centre, (DDRC), Tezpur, and Sanjivani, an NGO, on 11th and 12th December 2014 respectively.
- First year M.Sc. Nursing and DPN students visited the Mahila Samiti, Tezpur, on 13th December 2014.
- Community mental health programme in the Talgereki Village under Bihaguri PHC from 11th September to 5th December 2014.

### Visiting Students :

Nursing students from various institutions who visited LGBRIMH throughout the year are listed below :

- GNM students from SON, Hojai, Assam
- GNM students from BCH, Tezpur, Assam
- GNM students from SON, St. Augustine, Chirang, Assam
- GNM students from Catholic Hospital, Borgang SON, Assam
- GNM students from Down Town SON, Guwahati, Assam
- GNM students from Sankar Madhab SON, Guwahati, Assam
- GNM students from NEPNI, SON, Guwahati, Assam
- B.Sc. Nursing students from Sankar Madhab CON, Guwahati, Assam
- B.Sc. Nursing students from Regional College of Nursing, Guwahati, Assam
- M.Sc. Nursing students from RNC, Guwahati, Assam
- M.Sc. Nursing students from RNC, Guwahati, Assam
- GNM internship students from Haji Abdul Majid Memorial SON, Assam
- GNM students from SON, R.K. Mission, Itanagar, Arunachal Pradesh
- GNM students from Dr. Norman Tunnel Hospital SON, Juwai, Meghalaya
- GNM students from Rino Simonetti Memorial SON, Tura, Meghalaya
- GNM students from Porompat School of Nursing, Manipur
- GNM students from Bethesa School of Nursing, Manipur
- GNM students from RDO School of Nursing, Manipur
- B.Sc. Nursing students from RDO College of Nursing, Manipur
- B.Sc. Nursing students from CMC College of Nursing, Imphal, Manipur
- B.Sc. Nursing students from CON, Mizoram
- B.Sc. Nursing students from RIPAN, Mizoram
- Post Basic B.Sc. Nursing students from Christian Institute of Health Science & Research, Dimapur, Nagaland
- Post Basic B.Sc. Nursing students from CON North Bengal Medical College, Sutrutanagar, Darjeeling, West Bengal
- M.Sc. Nursing students from CON, N.R.S.M.C & Hospital, Kolkata, West Bengal
- M.Sc. Nursing students from Govt. CON, Medical College & Hospital, Kolkata, West Bengal

**Dissertations :**

The first year M.Sc. Nursing (Psychiatric Nursing) students presented their dissertation protocols in the Scientific Review Committee meeting and Ethics Committee meeting held on 17th December 2014 and 5th January 2015 respectively. The topics are as follows :

- A pre-experimental study to assess the effectiveness of structured psychiatric nursing intervention among patients with substance use disorder in de-addiction center of LGBRIMH, Tezpur, Assam.
- A study to assess the effectiveness of Psycho-education on myths and misconceptions related to mental illness among family members of mentally ill patients.
- A descriptive study to assess stress and psychological wellbeing among wives of regular alcohol consumer in a selected area of Sonitpur District, Assam.
- A study to assess the family functioning of family having patients with Schizophrenia attending the extension clinics of LGBRIMH, Tezpur.
- A study to find out the nursing needs of the patients admitted to LGBRIMH, Tezpur.
- A study to find out the myths and misconceptions related to epilepsy among the family member of a patient with epilepsy, attending OPD of LGBRIMH, Tezpur.
- A study on practice of standard safety measures among nursing personnel at LGBRIMH, Tezpur.
- A study to assess the relationship between stigma and expressed emotion among the primary care givers of persons with Schizophrenia attending OPD of LGBRIMH, Tezpur.
- The prevalence of violence and its precipitating factors among the patients with Schizophrenia attending OPD of LGBRIMH, Tezpur.
- Stress and coping among the persons with Somatoform Disorder attending community extension clinic of LGBRIMH.
- A descriptive study to assess the awareness regarding human rights of mentally ill among direct mental health care providers in LGBRIMH, Tezpur.
- A descriptive study to assess self esteem and adjustment among patients with alcohol use disorders admitted in DDC of LGBRIMH, Tezpur.

### Clinical Services :

Outdoor & Indoor: Clinical and consultation services at OPD and indoor are provided from the Department of Psychiatric Nursing. The activities carried out are grouped under the headings like -

Service Setting	Activity	Number
OPD	Group psychoeducation	151
	Individual counselling/psychoeducation	2648
	Family Nursing intervention (counselling/psychoeducation)	2006
	Detailed case assessment/screening	2410
	Admission counselling	122
	Discharge counseling	124
Indoor	ECT Nursing care (pre, during & post)	2986
	Group activity/skill training	303
	Individual counselling	900
	Pre-discharge counselling/psychoeducation	695
	Special Nursing Care	207
	Activity scheduling/ADL training	30
	Nursing care review	186
	Patient development program	11
	Nursing Care Audit	65
Community	Group psychoeducation in community extension clinic	33
	Mental Health Education	35
	Family Nursing Assessment	110

### Community Services :

- The students and faculty of the Department of Psychiatric Nursing attended the community extension clinic at Sootea, Jakhalabandha, and Missionaries of Charity, Tezpur. Psychoeducation and health talk were given to the patients and their family members.
- The students of the Department along with faculties conducted mental health programme in New Kalibari Village under Tal-Gereki subcentre. Students were assigned with a few projects for which home visits were made to assess the family in the community. Health education was given to people in the community on different health related topics including mental health and mental hygiene.

- First year M.Sc. Nursing students of the department along with faculties conducted Community Mental Health Programme in 23 different sub-centers under Bihaguri PHC from 6th November 2014 to 3rd December 2014. Health education was given to people in the community on different health related topics.
- Dr. Abhijit Kalita, Senior Resident and Mrs. Biyola Baruah, M. Sc. Nursing Staff, LGBRIMH, Tezpur, was the resource person in the awareness programme on World Alzheimer's Day organized at Tal Gereki Sub-Centre on 21st September 2014.



Awareness programme on World Alzheimer's Day.

- Dr. Abhijit Kalita, Senior Resident, Mrs. Biyola Baruah, Staff Nurse, and Ms. Pratima Hainary, Nursing Tutor, were the resource persons in the awareness meeting organized on the occasion of World Mental Health Day 2014 on the theme "Mental Health and Mental Illness" at Phulbari T.E. on 7th October 2014.



Awareness meeting on "Mental Health and Mental Illness" on 07.10.14 on the occasion of World Mental Health Day.

## Seminar/Conference/Workshops :

### Organized by the Department

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, was the resource person in the workshop "Current Trends in Medication Administration" organized for the nursing staff working at LGBRIMH, Tezpur on 12th July, 2014.
- Mrs. Sewali Goswami, Senior Faculty, Education Department, Govt. B.Ed. College, Tezpur, was the resource person in the workshop "Measurements in Nursing: Instrument and Approaches" organized on 26th July, 2014.



Mrs. Sewali Goswami in the workshop "Measurements in Nursing: Instrument and Approaches" on 26.07.14.

- Mrs. Abanti Gopan, Nursing Consultant, Tata Memorial Hospital, Kolkata, West Bengal, was invited as a guest faculty for classes on nursing administration from 29th to 30th August 2014.

Mrs. Abanti Gopan on Nursing Administration from 29.08.14-30.08.14.



- Prof. Pushpita Chakravorty, Vice Principal B.Sc., CON, Silchar, was the resource person in the workshop titled “Behavioural and Emotional Disorder in Children and Adolescent” held from 27th - 28th September, 2014.

Prof. Pushpita Chakravorty as a resource person in the workshop on Behavioural and Emotional Disorder in Children and Adolescent from 27.09.14-28.09.14.



- Dr. Sandhya Gupta, Faculty, CON, AIIMS, Delhi, was the resource person in the workshop “Dealing With Substance Use Disorder: Nursing Perspective” organized on 9th and 10th October 2014.



Dr. Sandhya Gupta as a resource person in the workshop “Dealing With Substance Use Disorder: Nursing Perspective.”

- A one day Regional CNE Programme on “Promotion on Mental Health: Role of Mental Health Nurse” was organized by the Department in collaboration with Indian Society of Psychiatric Nurses (ISPN) at IMA House, Tezpur, on 8th November 2014. Dr. K. Redemma, President of ISPN, Dr. M.S. Khanikor, Principal, RNC, Guwahati, and Prof. Pushpita Chakravorty, Vice Principal, B.Sc. College of Nursing, Silchar, were the resource persons in the programme.





CNE programme at IMA House, Tezpur, on 08.11.14.

- Dr. Sailaxmi Gandhi, Associate Professor, NIMHANS, Bangalore, was invited as a guest faculty for classes on Research Methodology from 4th to 6th March, 2015.

### Attended Outside :

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, attended the expert committee meeting held at Assam Nursing Council Office, Gauhati on 24th September 2014.
- Dr. Arunjyoti Baruah along with 9 M.Sc. Nursing (Psychiatric Nursing) students attended the 4th Annual conference of CEZIPS 2014 held at AMCH, Dibrugarh, from 17th-19th October. 2nd year M.Sc. Nursing (Psychiatric Nursing) student Ms. Sunita Nongkholaw participated in poster presentation on the topic "A Study to Assess the Quality of Life Among Primary Care Givers of Patient With Alcohol Dependence Syndrome."
- Dr. Arunjyoti Baruah was the Judge for Poster Competition at National Conference of National Research Society of India, 2014 held at Indore, Madhya Pradesh from 13th to 16th November, 2014.
- Mrs. Nurnahar Ahmed, Nursing Tutor, along with the 2nd year M.Sc. Nursing students attended a conference on the theme "Nurses journey towards accreditation" held at Assam Down Town University Campus, Panikhati, Guwahati, on 28th November 2014.

- Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, Ms. Pratima Hainary, Nursing Tutor, and five M.Sc. Nursing students along with ward sisters Mrs. Basanti Kumsing, Mrs. Joyshree Dutta and Staff Nurse Mrs. Pusalata Devi attended the 14th Annual Conference of ISPN held at Ahmedabad, Gujarat, from 31st January to 2nd February 2015. The theme of the conference was "Mental Health Perspective in Emergency Care." Dr. Arunjyoti Baruah was the speaker of the plenary session on the topic "Urgent Mental Health Issues in Elderly." She also chaired a scientific paper presentation and conducted a panel discussion on the topic "Emergency Counseling Nursing Perspective." A 2nd year M.Sc. Nursing student presented a scientific paper on the topic "To Assess Quality of Life Among Spouses of Patient With Alcohol Dependence Syndrome."
- Dr. Arunjyoti Baruah was the resource person for plenary session on International Students Meet of World Congress on Public Health held at Kolkata, West Bengal, on 9th and 10th February 2015.
- The department of Psychiatric Nursing organized a counselling programme for nursing students of K.C.H., Tezpur on 28th February 2015. Mrs. Nurnahar Ahmed, Nursing Tutor, Dr. Soumik Sengupta, Assistant Professor, Psychiatry, Dr. Sajadur Rahman and Dr. Hemanta Dutta, Senior Residents, Psychiatry, were the resource persons for the programme.
- Ms. Nurnahar Ahmed, Nursing Tutor, Dr. Kushal Tamuli, Senior Resident, and Ms. Buli Nag Daimari, Psychiatric Social Worker, attended the awareness camp against witch killing organized by Assam College Teachers Association held at Chariduar, Sonitpur District, on 28th March 2015.

### **Publications :**

- The research paper on "Motivational intervention among patients with alcohol dependence syndrome: a quasi experimental study in a selected de-addiction centre in Assam" by Mary Anthony Angami, Arunjyoti Baruah, Nurnahar Ahmed, got published in the Open Journal of Psychiatry and Allied Sciences July-December 2014, Volume 5, Number 2.

- M.Sc. Nursing student Poonam Sharma presented a research paper on "An explanatory study to assess the awareness regarding child abuse among lower primary school teacher" co-authored and guided by Dr. Arunjyoti Baruah, Associate Professor cum HOD, Department of Psychiatric Nursing, at the International Conference of Indian School Psychology Association held at Gauhati University from 22nd-24th November 2014.
- The research paper on "Somatic symptoms, perceived stress and perceived job satisfaction among nurses working in an Indian psychiatric hospital" by Sailaxmi Gandhi, G. Sangeetha, Nurnahar Ahmed, S.K. Chaturvedi, got published in the Asian Journal of Psychiatry, December 2014, Volume 12, Pages 77-81.
- The research paper on "A study to assess the effectiveness of planned exercise programme in patients with schizophrenia - January to June 2015" by Bineeta Nath, Arunjyoti Baruah, Nurnahar Ahmed, got published in the Open Journal of Psychiatry and Allied Sciences, Volume 6, Number 1.

#### Other Activities :

- Sonitpur District Branch TNAI celebrated the International Nurses' Day at IMA, House, Tezpur. Dr. Arunjyoti Baruah, Associate Professor cum HoD, Dept. of Psychiatric Nursing, LGBRIMH, unfolded the theme "Nurses: A Force for Change - A Vital Resource for Health." International Nurses' Day was also celebrated in the institute with the same theme and Dr. Arunjyoti Baruah delivered the speech on the theme. Poster and quiz competitions were organized among the nursing personnel of the institute.



International Nurses' Day Celebration

### **Faculty Development Training :**

- Ms. Bineeta Nath, Nursing Tutor, Dept. of Psychiatric Nursing, has undergone training for Tuberculosis Care and Control for Nurses under GFATM 7 under the Indian Nursing Council at Regional College of Nursing, Guwahati, from 28th to 30th October 2014.

## DEPARTMENT OF PSYCHIATRIC SOCIAL WORK

### Introduction :

Psychiatric Social Work values are based on equality, worth, dignity and self determination of persons with mental illness and their caregivers. Psychiatric social work practice aims to meet needs, develop potential, promote and protect human rights. Psychiatric Social Workers are expected to approach each one with a non-judgmental attitude and respect the need for confidentiality.

With these values as the foundation, the Department of Psychiatric Social Work at LGBRIMH, Tezpur was established in 1998 with the objective of starting social work services and teaching programmes in psychiatric social work. The primary functions of the department are teaching/training of psychiatric social workers, provision of psychiatric social work services and research.

The Department undertakes regular teaching assignments on applied social sciences. It also undertakes lecture for graduate and post-graduate students of various medical and non-medical institutes. The M. Phil course in Psychiatric Social Work was introduced in 2009 under affiliation to Gauhati University.

The Department offers consultancy services to both governmental and non-governmental sectors. It is also engaged in supporting the community mental health programmes of the Institute. Besides, it undertakes family therapy, rehabilitation services, counselling, and placement initiatives of the persons with chronic illness. The department also undertakes Family and Individual, disability and rehabilitation assessments for psychosocial interventions.

**Faculty and Clinical Supervisory Personnel :**

Post	Name	Qualification
Head & Professor	Dr. Sonia Pereira Deuri	MSW (School of Social Work, Mangalore University), M. Phil.(PSW-NIMHANS), Ph. D. (Mizoram University)
Associate Professor I/C	Dr. Sobhana H.	MSW(Rajagiri College – MG University), M Phil, Ph. D (PSW-NIMHANS ) , Post-Doctoral Fellowship (University of Florida, USA)
Assistant Professor	Dr. Arif Ali	MSW (AMU-Aligarh), M Phil, (PSW-CIP, Ranchi University ) Ph.D (RINPAS-Ranchi University)
Assistant Professor (Till 30.06.14)	Dr. Apurba Saha	MSW(Visva-Bharati), M. Phil, Ph.D-Submitted (NIMHANS, Bangalore)
Psychiatric Social Worker (Till 08.10.14)	Dr. G. Majhi	MSW(NISWASS- Utkal University), M Phil, Ph.D (PSW - RINPAS-Ranchi University )
Psychiatric Social Worker	Dr. I. Banerjee	MSW (M.G. Kashi Vidyapeeth, Varanashi), M Phil, (PSW-CIP, Ranchi University) Ph.D (M.G. Kashi Vidyapeeth, Varanashi)
Psychiatric Social Worker	Ms. Buli Nag Daimari	MSW (Mizoram University), M Phil, (PSW - NIMHANS )
Psychiatric Social Worker (Till 25.11.14)	Ms. Athelrine Horo	MSW (CSR D – Pune University), M Phil, (PSW – LGBRIMH, Gauhati University )
Psychiatric Social Worker	Ms. Sabana Nasrin Islam	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Marinella Meribeni Humtsoe	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)

**Academic Activities :**

- Final examination for I and II year M. Phil trainees was conducted from 1st-11th of April 2014.
- Model test of M. Phil (I and II year) students was conducted in March 2015.

- Students of the department were posted at the following centers for exposure training :
  - ➔ II year trainees were posted to Bongaigaon for their community posting.
  - ➔ II year M. Phil trainees underwent special posting at NIMHANS, Bangalore and GMCH, Guwahati.
- The II year M. Phil trainees organised a half day sensitization program for NGOs on "Psychosocial Care for Persons Affected with Communal Violence" at the ANT, Bongaigaon, on 29th May 2014. Dr. Apurba Saha, Assistant Professor, conducted two sessions at the sensitization program on need for psychosocial care.

### Inspection and Meetings :

- Dr. Indranee Phookan Borooah, Professor, Head, Department of Psychology, Gauhati University, and Dr. Dipanjali Medhi, Associate Professor, Department of Psychiatry, GMCH, Guwahati, visited the Institute on 10th September 2014 for initiation of Ph.D. programs in the Institute.

### Dissertations :

I year M. Phil trainees presented the research protocol of their dissertations. The titles for the studies are as follows :

- Attitudes, Stigma and burden in caregivers of persons with schizophrenia.
- A study on the mental health status, psychological distress and life satisfaction among female commercial sexworkers in Shillong.
- A study on personal social capital and treatment adherence among persons with schizophrenia.
- Substance use and high risk behaviour among youth population - a community-based study.
- A study on health and mental health status among schoolchildren in Tezpur.

### Exposure Training :

Students from other institutions are provided the opportunity to undergo exposure training in the institute. Students from the following institutions underwent block placement training in the department:

- MSW trainees from TISS Banyan Campus, Chennai from 18-08-14 to 18-09-14.
- MSW trainees from Bosco Institute, Jorhat from 08-10-14 to 07-11-14.
- MSW trainees from Assam Don Bosco University, Guwahati from 08-10-14 to 31-10-14.
- MSW trainees from YRC Institute of Social Work, Satara, Maharashtra University , from 09-12-14 to 30-12-14.
- MSW trainees from Mizoram University, Mizoram from 12-01-15 to 10-02-15.

### External Examinership :

Dr. Sonia P. Deuri, Professor and HOD, was the external examiner for examination of M. Phil Psychiatric Social Work for Ranchi University at CIP, Ranchi, on 21st and 22nd November 2014.

### Clinical Services :

The clinical services at the OPD, Indoor and Community are summarized below for the session 2014-15 :

Service Setting	Number of Patients
Individualised Psychosocial Services	1881
Admission Counselling	1408
Discharge Counselling	1330
Family Therapy	114
Community Outreach Programme	48
Psychological Care	1818
Promotion of social skill and group work/group activity	146
Individualised community integration effort	1452
Professional Development	12
Liaison with NGO/GO	30
Delivery of Mental Health Promotion	7
Research Activity	69
IEC Activity	11



## Seminar/Conference/Workshop/Lecture Programmes :

### Workshops Organized by the Department :

- A three day workshop on "Building Core Essential Therapeutic Skills" by Dr. Rajaram S., Psychosocial Consultant and Psychiatric Social Work Educator, Bangalore, from 28th to 30th May 2014.

Workshop on Building Core Essential Therapeutic Skills.



- A lecture on "Parenting Skills Development: Training Mental Health Professionals" by Dr. Bino Thomas, Head, Department of Social Work, Christ University, Bangalore, on 30th October 2014.



Dr. Bino Thomas delivering a lecture on Parenting Skills Development: Training Mental Health Professionals on 30.10.14.

- A two day workshop on “Beyond Cultural Frontiers- Transcultural Psychiatry” by Dr. R. Raguram, Professor and Head, KIMS, Bangalore on 11th and 12th February 2015.

A workshop on Beyond Cultural Frontiers-Transcultural Psychiatry by Dr. R. Raguram from 11.02.15 to 12.02.15.



### Extra Mural Activities :

#### Awareness meetings organized by the department

- The department conducted various workshops as part of the project on “Psycho Social Care programme for conflict affected victims in Assam and Mizoram” in collaboration with IGSSS, Guwahati. They are as follows :
  - Dr. Sonia P. Deuri, Professor and HOD, and Dr. Sobhana H., Associate Professor I/C, conducted a two day training for IGSSS community mobilizers, child care givers and volunteers on “Working with women and children affected by disaster”.
  - Dr. Sonia P. Deuri, Professor and HOD, and Dr. Sobhana H., Associate Professor I/C, conducted a two day workshop on ‘Psychosocial Care for Violence Affected Children’ for the child care workers of IGSSS, Bongaigaon.
  - Dr. Sonia P. Deuri, Professor and HOD, conducted a one day training workshop on “Psychosocial Care for women and children affected by violence” for the field staff (community mobilizers and child care workers) of IGSSS Bongaigaon. Dr. Apurba Saha, Assistant Professor, Department of Social Work, Tezpur University, was also a resource person for this workshop.



Workshop on Psychosocial Care

- The department organized a rally for awareness towards disability jointly with the Sacred Heart Provincial House, INCENSE Project, LGBRIMH, Sonitpur Handicapped Association and DDRC to celebrate the International Disabled Day on 20th December 2014.

#### **Liaison/Consultancy Activities :**

- 14 long stay female patients and 22 long stay male patients were successfully rehabilitated to NEVARD at Bongaigaon (Assam Govt approved NGO) and HELP AID, Guwahati (Assam Govt. approved NGO) respectively.
- Dr. Sonia P. Deuri, Professor and HOD, and Dr. Sobhana H., Associate Professor I/C, were chief guests at the Children's Day celebration at the Sacred Heart Provincial House, Gutlong, organized for the children with special needs. Dr. Sonia P. Deuri and Dr. Sobhana H., also held a group interaction with the parents of children with special needs.
- Dr. Sobhana H., Associate Professor I/C, and Ms. Buli N. Daimari, Psychiatric Social Worker, were part of the team that visited Nava Prabhat (orphanage) Tezpur for a crisis intervention on 31st May, 2014.
- A one day Health Camp for senior citizens was organized in collaboration with Tezpur Jestu Nagarik Sanstha on 28th June 2014. Dr. Sobhana H., Associate Professor I/C, was in charge of organizing this camp.

- Liaison with IGSSS, Guwahati (NGO) regarding training for community mobilizers and other staff on working with children and women affected by disaster. A one day orientation of LGBRIMH Tezpur for the field staff of IGSSS, Bongaigaon, was held on 18th November 2014.

#### **Research activities :**

- Dr. Sonia P. Deuri, Principal Investigator and Dr. Sobhana H., Co Principal Investigator and Consultant for the project "Psycho Social Care programme for conflict affected victims in Assam and Mizoram" in collaboration with IGSSS, Guwahati. This is a part of a project by Indo-Global Social Service titled "Humanitarian Assistance to Conflict Affected Victims of Assam and Mizoram". The project initiative for IGSSS was supported by ECHO-DCA (November 2013 to November 2014).

#### **Seminars/ Conferences/ Workshops / Meetings Attended :**

- Dr. Sonia P. Deuri, Professor and HOD, attended a meeting related to the project Psychosocial Care Program at IGSSS at Guwahati on 7th April 2014.
- Ms. Buli Nag Daimari, Psychiatric Social Worker, attended modular workshops on Research Methodology at TISS, Mumbai from 7th to 12th April 2014.
- Dr. Sonia P. Deuri, Professor and HOD, and Dr. Arif Ali, Assistant Professor, were resource persons for in-service training of teachers on Anger and Stress Management at Army Public School, Tezpur, on 16th May 2014.
- Dr. Sobhana H., Associate Professor I/C, and Ms. Buli N. Daimari, Psychiatric Social Worker, were resource persons for in service training of teachers at the Army Public School, Tezpur, on 17th May, 2014.
- Dr. Sonia P. Deuri, Professor and HOD, Dr. Sobhana H., Associate Professor I/C, and Dr. Arif Ali, Assistant Professor, participated in the National Seminar on Social Work Education, Research and Practice at TISS Campus, Guwahati, on 25th and 26th July 2014. Dr. Arif Ali presented a paper on "Psychiatric Social Work Research in the North East" co-authored by Dr. Sonia P. Deuri and Dr. Sobhana H. at the seminar.

- Dr. Sonia P. Deuri, Professor and HOD, attended the ethics committee meeting of Tezpur Medical College, Tezpur, on 20th September 2014.
- The Department of Psychiatric Social Work, LGBRIMH, jointly organized a seminar on Living With Schizophrenia for the students and teachers of Koliabor College on 10th October, 2014 with the Department of Education, Koliabor College on the occasion of World Mental Health Day. Ms. Buli Nag Daimari, Psychiatric Social Worker, delivered a talk at the seminar. Ms. Suman Borah, II year M.Phil trainee, also delivered a talk on Managing Stress at the seminar.
- I year M. Phil trainee Mr. Bhaskar Nag presented a paper on "Attitude Towards Lesbians and Gay Men Among Mental Health Professionals and Trainees" co-authored by Dr. Sonia P. Deuri, Professor and HOD, Dr. Arif Ali, Assistant Professor, Ms. Buli N. Daimari, Psychiatric Social Worker, and I year M. Phil trainee Harikrishnan U. at CEZIPS conference held at Dibrugarh from 17th to 19th October 2014.
- Dr. Arif Ali, Assistant Professor, spoke on Domestic Violence in a seminar organized by the Air Force, Tezpur in October 2014.
- Dr. Sonia P. Deuri, Professor and HOD, a member of the Expert Working Committee for Psychiatric Social Work, participated in a meeting at the Ministry of Health Family Welfare, Govt. of India, Nirman Bhawan, New Delhi, for drafting a Mental Health Manual of Social Workers on 26th November 2014.
- Dr. Arif Ali, Assistant Professor, presented a paper titled "A study on Internet Addiction, Depression Anxiety and Stress Among Higher Secondary School Students: A Study From North East India" at the Annual InSPA International Conference 2014, held from 21st-23rd November, 2014. I year M.Phil student Aitalin Lyndo also presented a paper titled "Social Networking Addiction: A New Challenge" at the Conference.
- Dr. Sobhana H., Associate Professor I/C, was an invited speaker on "Empathy in Human Interactions" at the National Conference for Police Women Police Officers-Touching New Heights, Thiruvananthapuram, on 28th November, 2014
- Dr. Sonia P. Deuri, Professor and HOD, and Dr. Sobhana H., Associate Professor I/C, attended the International Conference on Mental Health and Social Work Practice at De Paul Institute, Angamali, Kerala, from 9th - 11th December, 2014.

- Ms. Buli Nag Daimari, Psychiatric Social Worker, gave a talk on "Disability Awareness" as a part of an awareness program on International Disabled Day on 20th December, 2014.
- Dr. Arif Ali, Assistant Professor, presented a paper on "Health Risk Behaviours and Mental Health Status of Tribal Adolescents From Rural Community of Jharkhand, India" at the International Conference of Jamia Millia Islamia, New Delhi, in February 2015.
- Dr. Arif Ali, Assistant Professor, attended ICMR workshop on "Research Methodology" held in Dibrugarh on 10th March 2015.
- Ms. Buli Nag Daimari, Psychiatric Social Worker, was the resource person in the awareness program on Witchcraft organized by All Assam College Teachers Association held at Missamari in March 2015.

#### **Paper Publications :**

- Dr. Sonia P. Deuri, Professor and HOD, and Dr. Apurba Saha, Assistant Professor, published a chapter on Adolescent mental health and suicide in 'CARE - Child and Adolescent's Responsive Education' edited by Dr. Hazarika and Dr. Bada Math, 90-102 Guwahati: Pathan Hazarika Charitable Trust.
- A paper on "Psycho-social determinants and rehabilitation needs of persons with major psychiatric disorders: A community based study" by Dr. Sonia P. Deuri, Professor and HOD, Dr. Sobhana H., Associate Professor I/C, and Dr. Arif Ali, Assistant Professor, got published in the Indian Journal of Health and Wellbeing, Volume 5, Issue 5, pages 583-586.
- Dr. Sobhana H., Associate Professor I/C, published a chapter on Tasks and Challenges of being Parents in 'CARE-Child and Adolescent's Responsive Education' edited by Dr. Hazarika and Dr. Bada Math, 158-162 Guwahati: Pathan Hazarika Charitable Trust.
- A paper on "Assessment of Somatic Symptoms Among School Going children: A Study From North East India," by Dr. Arif Ali, Assistant Professor, got published in Indian Journal of Health and Wellbeing.
- The research paper titled "Care Burden in Epilepsy: A Study from the North East India" by Dr. Arif Ali, Assistant Professor, got published in the International Journal of Research Development and Health.
- Dr. Arif Ali, Assistant Professor, published a paper on "Gender, Perceived Stress and Somatisation" in the Journal of Social Work Research in January 2015.

#### **Major Achievements :**

- Dr. Sonia P. Deuri, Professor and HOD, and Dr. Sobhana H., Associate Professor I/C, were nominated as Co-Principal Investigator and Co-Investigator for the National Mental Health Survey Assam to be carried out in collaboration with NIMHANS from May 2015.

## DEPARTMENT OF CLINICAL PSYCHOLOGY

### Introduction :

The Department of Clinical Psychology was set up in the year 2002 with the objective to introduce academic courses in the area of Psychology, to increase manpower in the field of clinical psychology in the country, and to provide psychological interventions to the patients. The M. Phil course in Clinical Psychology was introduced in the 2011-12 session with the affiliation of Gauhati University with intake of four students. From the session 2014-15, the intake capacity has been increased to eight students. The department undertakes teaching programmes for all groups of trainees of the institute. It also caters to students coming for exposure posting from other institutions and universities.

The services of the Department are currently focused on psycho-diagnostic psychotherapy, counselling, child guidance, remedial education for children with special needs, parental counselling, teaching, research, rural community programme and urban school mental health programmes.

**Faculty and Clinical Supervisory Personnel:**

Post	Name	Qualification
Associate Professor	Dr. (Ms.) Maitreyee Dutta	M.A (Gauhati University), M.Phil (CIP, Ranchi University), Ph. D (RINPAS, Ranchi University)
Assistant Professor	Dr. Priya Saxena	M.A (Delhi University), M.Phil, Ph. D (NIMHANS)
Assistant Professor	Mr. Diptarup Choudhury	M.A (Delhi University), M.Phil (NIMHANS)
Clinical Psychologist	Mr. Ranjan Kumar	M.A. (VBU, H. Bag), PGDGC (NCERT), M.Phil (RINPAS, Ranchi University)
Clinical Psychologist	Mr. B. Surchandra Sharma	M.A, M.Phil (RIMS, Manipur University)
Clinical Psychologist	Mr. Deepshri Phukan	M.A. (Gauhati University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist	Ms. Syeda Shahnaz	M.A. (Gauhati University), M. Phil (LGBRIMH, Gauhati University)
Clinical Psychologist	Ms. Pranami Barua	M.Sc. (Bangalore University), M. Phil (LGBRIMH, Gauhati University)

**Academic Activities :**

- 4th batch of four students joined 1st year M. Phil course for the session 2014-16.
- The department regularly conducted examinations for M. Phil in Clinical Psychology students.
- Supplementary examination for M. Phil in Clinical Psychology was held from 26th to 30th September 2014.
- First Internal examination of M. Phil in Clinical Psychology (Second Year) was conducted from 20th to 24th November 2014.
- Board of Studies Meeting was held on 28th November 2014.
- Second Internal examination of M. Phil in Clinical Psychology (First Year and Second Year) was conducted from 9th to 13th January, 2015.
- Model Examination for M. Phil in Clinical Psychology (First Year and Second Year) was conducted from 9th to 12th March, 2015.



**Exposure Training :**

Students from the following institutions underwent exposure training in the department :

- Students from Department of Clinical Psychology, Nagaland University, from 20th to 29th November, 2014.
- Students from Department of Applied Psychology, Dibrugarh University, were posted in two groups, first group from 9th to 14th March 2015 and the second group from 16th to 21st March 2015.

**Dissertation :**

First year students presented their dissertation protocols in the department on 5th November, 2014. The title of the studies are as follows :

- Reasons for living, hopelessness and suicidal ideation in clinical and control groups.
- Cognitive and psychosocial functioning of patients with mental and behavioural disorder due to alcohol use.
- Marital quality, stress and coping of parents of children with mental retardation: Gender comparison.
- Eudaimonic well being and emotion regulation in patient with alcohol dependence syndrome.

**Inspection :**

- Dr. Indranee Phookan Borooh, Professor, Head, Department of Psychology, Gauhati University, and Dr. Dipanjali Medhi, Associate Professor, Department of Psychiatry, GMCH, Guwahati, visited the Institute on 10th September 2014 for initiation of Ph.D. programs in the Institute.

**Clinical Activities :**

Types of Assessment	Number of cases
IQ Test	720
Psychodiagnostic	252
Personality Assessment	132
Neuropsychological Assessment	110

**Therapeutic Works :**

Types of Assessment	Number of cases
Individual Psychotherapy	340
Counseling/Psychoeducation	245
Biofeedback	49

**Consultative/Community Service :**

- 2 Clinical Psychologists have been regularly offering their services on 12th and 27th of every month at District Disability Rehabilitation Centre, Tezpur.
- The department conducted IQ Assessment camp with the collaboration of Sarva Shiksha Abhiyan (SSA), Assam from 16th to 18th September, 2014.
- Clinical Psychologists Mr. Ranjan Kumar, Ms. Pranami Barua and Mr. Deepshri Phukan completed 160 IQ assessments as part of SSA, Sivasagar from 19th to 21st January 2015.
- The department conducted IQ Assessment camp for intellectually challenged children in collaboration with Sarva Shiksha Abhiyan (SSA), Nagaon, Assam, at OPD of LGBRIMH from 23rd - 31st January, 2015.

**Seminar/Conference/Workshop/Lectures :****Organized by the Department :**

- Dr. Tillotama Mukherjee, Associate Professor, Department of Clinical Psychology, Calcutta University, was invited as a guest faculty for classes on Psychotherapy from 26th to 28th May 2014.
- Dr. Thomas Kishore, Associate Professor, Department of Health Psychology, Central University, was invited as a guest faculty for classes on rehabilitation prospects of mental health from 2nd to 4th June 2014.
- Dr. K.B. Kumar, Prof. and HOD of the Dept. of Clinical Psychology, Sweekar Academy of Rehabilitation Sciences, Secunderabad, was the resource person in the workshop on "Behaviour Therapy" held from 18th to 22nd August 2014.



Dr. K.B. Kumar as a resource person in the workshop on Behaviour Therapy.

- Dr. Dharav Shah, Consultant Psychiatrist, was the resource person in the workshop on "Ensuing an Addiction Free Society, Going Beyond Deaddiction," held on 4th November, 2014.
- Dr. Sonali De, Associate Professor, Calcutta University, was the resource person in the workshop on Qualitative Research Methodology held on 28th November, 2014.
- Dr. Jyotshna Agrawal, Assistant Professor, IIT, Patna, was invited as a guest speaker for delivering lecture on Indian Psychology on 29th November, 2014.
- Dr. Mashroor Jahan, Additional Professor, RINPAS, Ranchi, was invited as a guest faculty for lectures on Neuropsychology from 21st January - 24th January 2015.



Dr. Mashroor Jahan delivering lecture on Neuropsychology.

- Dr. Jayanti Basu, Professor, Department of Psychology, Calcutta University, was invited as a guest faculty for lecture on "Psychodynamic Psychotherapy" from 23rd February - 24th February 2015.



Dr. Jayanti Basu delivering lecture on Psychodynamic Psychotherapy.

**Attended Outside :**

- Mr. Ranjan Kumar, Clinical Psychologist, participated as a member in a District Level Medical Board at the Office of the Joint Director of Health Services, Sonitpur, Tezpur, on 15th September, 2014.
- Miss Sayeda Shahnaz, Clinical Psychologist, was invited as a guest speaker in the Annual Conference of the Assam Association of the Deaf on the occasion of the 57th International Day of the Deaf on 27th September, 2014.
- Mr. Ranjan Kumar, Clinical Psychologist, was an expert in an interview at Army School, Tezpur, on 23rd February, 2015.
- Dr. Priya Saxena, Assistant Professor, attended the International Conference on Cognitive-Behavioral Intervention from 28th February - 3rd March, 2015.
- Mr. Ranjan Kumar, Clinical Psychologist, participated as a subject expert in psychology at the Screening Board of Army Public School, Tezpur, on 2nd March 2015.
- Clinical Psychologists Mr. B. Surchandra Sharma and Ms. Pranami Barua attended a disability camp at DDRC, Tezpur, on 3rd March 2015.

## DEPARTMENT OF PATHOLOGY AND MICROBIOLOGY

### Introduction :

Laboratory services are an integral part of any hospital set up. With this objective a separate Department of Pathology & Microbiology was started in the year 1998. Pathological and microbiological investigations of the hospital are undertaken through this department.

Academic activities of the department include lecture programs, co-ordination of CME, and organizing clinical case presentations and seminars. The Department has the state-of-art diagnostic facilities for the medical students to pursue their studies and research activities.

### Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
HOD & Associate Professor	Dr. Anil Ch. Sarmah	MD Pathology (AMCH, Dibrugarh University)
Assistant Professor	Dr. Jyoti Hazarika	MD Microbiology (GMCH, Gauhati University), PGDHHM (IGNOU), PGCPM(IGNOU),CCDM(Medvarsity,Apollo), Certificate course in ECG(Medvarsity,Apollo).
Consultant	Dr. Mili Sarkar	MD Microbiology (AMCH, Dibrugarh University)
Senior Resident	Dr. Jayanta Das	MD Pathology (SMCH, SSUHS)

### Academic Activities :

The Department has been conducting classes and seminars on review of cellular division; mutation and law of inheritance; human genome; basic concepts of genes, chromosomes, DNA; approaches to common genetic disorders; immunity; infection; principles of asepsis, sterilization and disinfection; diagnostic tests in Microbiology and related nurses' responsibility; standard safety measures and biomedical waste management; meaning of genetics and heredity; Mendelian laws of inheritance; genetic counselling; and nurses' role in genetic counselling. Besides these activities, all of the faculty and staff members attended the workshops, CMEs, conferences organized by different departments of the institute.

### Investigation Facilities :

- Clinical Pathology
- Haematology
- Microbiology
- HIV Counselling and Testing (FICTC)

### Patient Care Services :

Various diagnostic services are provided to the Indoor and Outdoor patients. A total of 58019 investigations were done under the Dept. of Pathology and Microbiology. These include investigations like Routine Blood Examination, Urine Examination, Stool examination, Culture and Sensitivity test for urine, pus, sputum etc. Sputum for AFB, Malaria diagnosis, HIV 1 and 2 under FICTC centre, serological test like HBsAg, RPR, Widal test, S. Typhi etc.; Thyroid function test, Hormonal assay etc. are some of the areas of investigation.

### DBT Sponsored Project

For development and up-gradation of the Departments of Pathology, Biochemistry and Microbiology at LGBRIMH, Tezpur (Assam), the Institute has been running DBT (Department of Biotechnology, Ministry of Science and Technology, Govt. of India) sponsored projects from 2010 onwards.

**Title of the project :** "Development and Upgradation of Pathology, Microbiology and Biochemistry Departments at LGBRIMH, Tezpur(Assam)."

**Objectives :** The main objectives of the project are :

1. Enhancement of diagnostic facilities for the service users.
2. Enhancement of training facilities for the postgraduate students of the institute and the students posted on tenure basis from outside the institute.
3. Encouragement of research activities in related fields.

**The two research projects carried out under DBT projects are -**

- a. Prevalence and correlates of sexual dysfunction in patients with schizophrenia receiving antipsychotics: A clinical study.
- b. A comparative study on thyroid profile in patients with unipolar and bipolar depression.

**The list of existing laboratory equipment is given below :**

- ➔ General Laboratory Centrifuge
- ➔ Refrigerated Centrifuge
- ➔ Hot air oven
- ➔ Incubator
- ➔ Autoclave
- ➔ Digital binocular microscope (LEICA)
- ➔ Microscope (Monocular and Binocular)
- ➔ Binocular compound microscope (Olympus, Japan CX31)
- ➔ Digital colony counter
- ➔ VDRL Shaker
- ➔ Digital pH meter
- ➔ Refrigerator
- ➔ Laminar Flow
- ➔ Electrical sterilizer
- ➔ Water bath
- ➔ Clinical laboratory urine analyser etc.
- ➔ Multi parameter immunology analyzer - TOSOH AIA-360.
- ➔ Fully Automated Haematology Analyser- COUNCELL-23 Plus.



- ➔ QBC System.
- ➔ Double Beam Spectrophotometer.
- ➔ Digital Microscope- CX-21Tr (Olympus) with Prog Res CT-5.
- ➔ ELISA System.
- ➔ Deep Freezer (-20° C.
- ➔ Incubator Shaker
- ➔ Water Purification System.
- ➔ Air purifier system

### **Seminar/Conference/Workshop :**

#### **Attended Outside :**

- Dr. J. Hazarika, Assistant Professor, completed the Laboratory Quality Management Systems & Internal Audit certificate course at GNRC Hospital held from 30th April to 3rd May 2014 as per ISO 15189-2012(under NABL) and was successfully awarded the certificate.

## DEPARTMENT OF BIOCHEMISTRY

### Introduction :

The department of Biochemistry was set up in the year 1999 with the goal to achieve overall quality in teaching and patient care services. Since its inception, the Department has been functioning under the Central Laboratory. Besides diagnostic and research activities, the Department also undertakes teaching activities for the trainees of the Institute.

### Faculty and Clinical Supervisory Personnel :

Post	Name	Qualification
I/C Central Laboratory and HOD, Dept. of Pathology	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh University)
Senior Resident	Dr. Jadab Kishore Phukan	MD (AMCH, SSUHS)

### Academic Activities :

This includes teaching programmes, seminars, case presentations and demonstration classes. Regular classes on basis of genetic diagnosis; parental diagnosis and screening; ethical issues in genetic testing; practical applications of genetics, structure and functions of cells, cells of nervous system, neuro transmitter, hormone, biochemistry of brain etc. have been undertaken by the department.

### Seminar/Conference/Workshop :

#### Attended Outside :

- Dr. J. K. Phukan, Senior Resident, attended Training Programme on "Basics of Good Clinical Practice" conducted by Clinical Development Service Agency (CDSA) under the Department of Biotechnology, Govt. of India, at NEIGRIHMS, Mawdiangdiang, Shillong, from 28th to 29th March, 2014.

### Patient Care Services :

Various biochemistry investigations that are done in the department includes Blood glucose test, Kidney function test, Liver function test, Lipid profile, Serum electrolyte estimation, Drug estimation, etc. During the session under report, a total of 1,51,511 test parameters were done.

The list of existing laboratory equipment is given below :

- ➔ Fully automated clinical chemistry analyzer (SIEMENS,Dimension X-pand Plus)
- ➔ Electrolyte analyser (9180,Roche)
- ➔ Semi-auto analyzer BTR 830
- ➔ ERMA colorimeter etc.

### DEPARTMENT OF NEUROLOGY

The Department of Neurology is an integral part of any tertiary care psychiatric set-up. However, as the faculty positions in the department are lying vacant, the Department is yet to start formally. The neurology classes are currently managed through visiting faculty members from reputed institutions/medical colleges across the country.

Currently, clinical activity of the Department includes routine Electro-encephalography (EEG) investigations. It is jointly managed by the Departments of Psychiatry and Radiology and Neuro-imaging. A total of 314 EEG investigations were done during the 2014-15 session.

Available equipment in the Department is -

- i. Neurovision (NV 3200) Digital 32 channel video EEG system.

## DEPARTMENT OF RADIOLOGY AND NEURO-IMAGING

The Department of Radiology and Neuro-imaging was started in the year 1998 as a specialized department to meet the clinical needs in diagnostic imaging and image-guided therapies of the institute. In the academic sphere, the departmental staff works closely with the other departments of the institute. The objective is to combine the academic needs and laboratory services. Students are provided the opportunity of attending lecture and demonstration sessions. The department consists of one Consultant Radiologist, one Radiographer and one X-Ray Technician.

### Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
I/C Central Laboratory and HOD, Dept. of Pathology	Dr. Anil Ch. Sarmah	MD (AMCH, Dibrugarh University)
Consultant Radiologist	Dr. Pradip Barman	MD (AMCH, Dibrugarh University)
Radiographer	Mr. Nabajyoti Deka	X-Ray Technology Diploma Course from RIPANS, Aizawl, Mizoram.

### Clinical Activities

A total of 4340 investigations were undertaken during the period under report. They are as follows :

- ➔ Ultra-sonography- 949
- ➔ X-Ray - 1092
- ➔ CT scan - 2299

The list of existing equipment under the department of Radiology and Neuro-imaging is given below :

- ➔ 600 mA X-ray unit
- ➔ Colour Doppler ultrasound
- ➔ Brilliance 16 slices CT Scan

## CHAPTER - 7

## OUTPATIENT DEPARTMENT

### Introduction :

The OPD is the first contact point for all patients coming to the Institute for consultation and treatment. In the OPD, care is provided through a multidisciplinary team of psychiatrists, clinical psychologists, psychiatric social workers and psychiatric nurses. It also houses the pharmacy, medical record department, a nursing station, laboratory sample collection centre and facilities of public convenience. There are five special clinics which are held once a week - Epilepsy & Neurology (Monday), Geriatric (Tuesday), Child & Adolescent (Wednesday and Saturday), Alcohol and Drug Dependence (Thursday) and Psychosomatic Clinic (Friday).

The Mental Health Act, 1987 is followed during the admission procedure. All available treatment facilities are provided free of cost.



Inside OPD Section

### OPD Attendance :

A total of 104121 visits of patients were registered in the OPD from April 2014 to March 2015 which includes 19226 new cases and 84895 old cases. Total new male cases were 9603 and new female cases were 9623, while visits by old male cases were 46170 and by old female cases were 38725 during the period.

**Annual OPD Attendance :**

There has been a significant increase in the number of patients seeking mental health treatment from the institute which is reflected in the rise in the annual OPD registration of patients during the past years. In 2006, there were only 40,228 patients, including both male and female, visiting the OPD. The total OPD attendance in the year 2007, 2008, 2009, 2010, 2011, 2012, 2013 and 2014 were 47,668, 58,917, 62,362, 68,375, 74,268, 79350, 95020 and 104121 respectively indicate a steady increase in the number of patients seeking mental health services.

**OPD attendance from various states during 2014-15 :**

Since its inception, the institute has been catering to needs of patients from all over the country. The state of Assam has recorded the highest number of patients with 102450 during the session, followed by Arunachal Pradesh and West Bengal with 469 and 454 patients respectively. There were 245 patients from Nagaland, 133 from Bihar, 75 patients from Meghalaya, 75 from Manipur, 1 from Mizoram, 5 from Sikkim and 17 from Tripura. 96 patients from Nepal and 1 patient each from Bhutan, Bangladesh and Afghanistan also received treatment.

***Annual OPD attendance in 2013-14 and 2014-15.***

<b>State</b>	<b>2013-14</b>	<b>2014-15</b>
Arunachal Pradesh	438	469
Assam	93622	102450
Manipur	49	75
Meghalaya	50	75
Mizoram	5	1
Nagaland	277	245
Sikkim	12	5
Tripura	22	17
Other States	478	685
Other Countries	67	99
<b>Total</b>	<b>95020</b>	<b>104121</b>

## CHAPTER -8

## INDOOR DEPARTMENT

### Introduction :

The functional bed strength of the hospital is 336 beds out of which 246 beds are for male and 90 beds are for female. Out of the total beds, 21 beds (15 male, 6 female) are reserved for psychiatric patients sent from the various Jails.

The patients are looked after by a team of mental health professionals, residents, nurses, warders and attenders. The Indoor provides regular patient care services including medication and check-up, hygienic and nutritious diet, laundered clothes, recreation facilities and other basic amenities. A mini-operation theatre along with ECT facility is also functioning in the Indoor campus.

Hygienic food is served to the patients. All the admitted patients are provided with a modern hospital bed, mattress and laundered uniforms. Saloon services are also made available in the Indoor.

The Indoor has provision of visiting room for the guardians and relatives to meet their respective patients. Counselling services are provided to the guardians during their visits and at the time of discharge of the patient.





Campus view of the Indoor

### Admission and Discharge during April 2014 - March 2015

For admission of patients in the indoor, the institute follows the Mental Health Act, 1987. The patients are admitted in the following categories i.e. Voluntary Boarder, Special Circumstances, Reception Order and Jail Case.

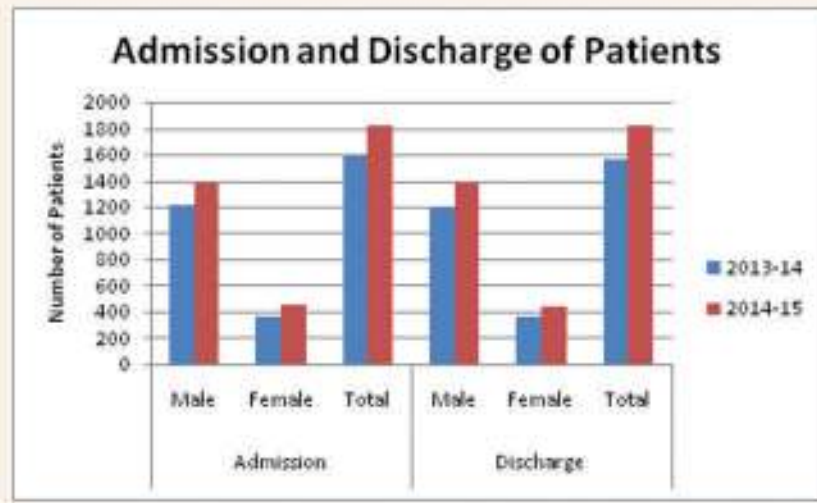
A total of 1825 patients were admitted during the current session i. e. April 2014 to March 2015, which included 1226 new cases and 599 old cases. Among the new cases 940 were male patients and 286 were female patients. Among the old cases 438 were male patients and 161 were female patients. A total of 1825 number of patients were discharged during the current session among which 1234 were new cases and 591 old cases. Among the new cases 951 were male patients and 283 were female patients. Among the old cases 435 were male patients and 156 were female patients.

**Annual Admission and Discharge** The admission and discharge rate during the last few years has been satisfactory. The table below shows the admission and discharge of patients during the last 2 years.

#### *Annual Admission and Discharge in 2013-14 and 2014-15*

Year	Admission			Discharge		
	Male	Female	Total	Male	Female	Total
2013-14	1219	367	1586	1202	363	1565
2014-15	1378	447	1825	1386	439	1825





### Average Bed Occupancy

In the current session, the daily average bed occupancy was 261, while it was 275.45 in the previous session.

### Escape & Death Cases

A total of 0 incident of escape and 3 incidents of death were recorded during the current session i. e. April 2014 to March 2015.

### Annual State-wise Admission during April 2014 - March 2015

During the session 2014-15, there were 1825 admissions against 1586 in the previous session. Among these 1378 were male patients and 447 were female patients. Out of the total admissions, 1636 patients were from Assam, 67 from Arunachal Pradesh, 45 from Nagaland, 6 from Meghalaya and 3 from Tripura. Apart from these, 10 patients from Nepal were also admitted.

Patients from all over the Northeast region and other parts of the country have been accessing the services of the institute. Patients from Nepal have also sought treatment at the hospital. The table given below shows the number of patients admitted in the Indoor from Northeast and other parts of the country :

*State-wise Admission in 2013-14 and 2014-15*

State	2013-14	2014-15
Arunachal Pradesh	53	67
Assam	1427	1636
Manipur	8	8
Meghalaya	8	6
Mizoram	0	0
Nagaland	48	45
Sikkim	1	0
Tripura	3	3
Other States	28	50
Other Countries	10	10
Total	1586	1825

**Recreational Centre**

The indoor section of the Institute has a recreational hall along with a stage and a mini library. In the centre, patients watch television, enjoy music and read newspapers and magazines. Patients regularly play carom board, volley ball.

## CHAPTER - 9

**SUPPORTIVE SERVICES****CENTRAL LIBRARY**

The library plays a central role in enhancing the quality of academic and research environment. The Central Library was begun in 1999 to meet the scholastic needs. It is an essential asset for the institute. It caters to the academic desiderata of the faculties as well as students. Specialized collections of books and journals are available in Psychiatry, Clinical Psychology, Psychiatric Nursing, Psychiatric Social Work and allied mental health disciplines. The collection includes nearly 24,257 books, 72 educational DVDs and a range of reference and office rule books. It subscribes 69 print journals, 6 online journals. The library also has access to e-journals.

The library is well protected by CCTV monitoring system.

The following services are available for the benefit of students, faculties and employees of the Institute, who are entitled to make use of the library facilities :

- Circular Service
- Reference Service
- Access of scholarly literature: journals, online journals, back volume journals, books, thesis / dissertation
- Photocopy and printing service
- Access to high speed internet connectivity / Wi-Fi system in reading room.

In addition to the Central Library, there is also one library in the indoor section of the institute, which is well equipped with daily newspapers and other books in the vernacular.

**Inspection :**

- Dr. Indranee Phookan Borooah, Professor, Head, Department of Psychology, Gauhati University, and Dr. Dipanjali Medhi, Associate Professor, Department of Psychiatry, GMCH, Guwahati, visited the Institute on 10th September 2014 for inspection of permanent affiliation of M.Sc. Nursing Course and initiation of Ph. D. programs in the Institute. The team also inspected the library.



The Inspection team having a look at the Central Library.

- The Medical Council of India conducted inspection for recognizing the MD Psychiatry course at LGBRIMH on 6th February 2015. Dr. Pradeep Kumar Saha, Director, Institute of Psychiatry, Kolkata, was the MCI Inspector. As a part of the inspection, Dr. Saha also inspected the library.



Inspection of the Central Library on 6th February 2015.

### **MEDICAL RECORD DEPARTMENT :**

The Medical Record Department (MRD) was established in the year 1998 for the management and maintenance of medical records in the hospital in a standardized manner to protect patient confidentiality. It is located in the Out-Patient Department (OPD) of the institute. It is one of the primary supportive departments of the institute.

At present, the Department has a Medical Record Officer, a Medical Record Technician and a team of assistants for smooth running of the department. It has computerized record keeping system for maintenance of inpatient records as well as out-patient records and for retrieval of records for patient care and research study. The department functions in co-ordination with the academic and other departments of the institute. The department deals with medico legal records and provides information to the institutional authority whenever required.

The registration of OPD patients is done with the aid of the software developed by the department. The section also issues the medical fitness certificate and treatment certificate to the patients after being examined by a medical Board. The MRD maintains the Close Circuit Television camera in the OPD.

### PHARMACY :

Pharmacy services of the institute are located both in Out-Patient Department and Indoor. The Central Medical Store located at the Indoor acts as the central pharmacy for the inpatients and out-patients. The Central Medical Store deals with proposal creation for the procurement of all medical items, maintenance of stock registers, etc. The Pharmacy located at Out-Patient Department dispenses medicines to all OPD patients as prescribed by the doctors and maintains daily dispensing register of drugs in accordance with the distribution. Medicines are given to the patients free of cost from the hospital. The current staff position includes a Senior Pharmacist and a Pharmacist.

The pharmacy also caters to the emergency services and arranges free medicines for community extension clinics and other outreach services.

Distribution of free medicines at Pharmacy



**ANAESTHESIOLOGY UNIT :**

Since its inception in 2003 in the Indoor section after the introduction of the computerized Electro-Convulsive Therapy, the Anesthesiology Unit has been serving as a supporting unit of psychiatry. The Unit provides ECT to patients under the supervision of psychiatrists. Modified ECT was introduced in 2004. The ECT is administered to patients after informed consent from the guardian of patients. The Anesthesiology Unit supports the Psychiatry Department for accomplishing the task of providing ECT to indoor patients on a regular basis on all working days. The patients are identified by Psychiatrist for ECT, whose information is then passed over to the Anesthesiology Unit. On the day of ECT, a pre-ECT check up is carried out, followed by a post ECT check up in the recovery room. After confirmation of medical fitness of the patient, he/she is escorted to the respective pavilions.

During the period under report, a total of 2865 Modified ECT sessions were administered out of which 1953 and 912 sessions were provided to male patients and female patients respectively.

In addition to the patient care services, the department also undertakes theory classes and demonstration sessions to the post graduate and diploma students of the institute. Besides, it also caters to the visiting medical students and professionals from other academic institutions.

**Faculty and Clinical Supervisory Personnel**

Post	Name	Qualification
I/C, Department of Anaesthesia	Dr. K. N. Kalita	MD (Gauhati University), PGDHHM (IGNOU), CRM (IIPH, Gandhinagar)
Consultant Anesthesiologist	Dr. A. Koiry	MBBS (Dibrugarh University), DA (Dibrugarh University).

**ENGINEERING CELL :**

The Engineering Cell is responsible for construction and maintenance works which include buildings, roads, electrification as well as repairing works in the institute. The current staff position includes one Project Engineer, one Junior Engineer (Civil), one Junior Engineer (Electrical), Plumber, Electricians and other Auxiliary Staff.

**Infrastructure Development :**

The upgradation project for development of infrastructure facilities of the institute is going on. HSCC (India) Ltd. (A Govt. of India Enterprise), E-6 (A-Sector-1, Noida) has been appointed as consultant for undertaking the construction work. The total work is divided into two packages i.e. Package I & Package II. Package -I consists of construction of the main hospital building including PHE, Electrical, HVAC, Fire Fighting and related external services. Package-II involves construction of residences, Jr. And Sr. Resident Hostel, Academic Block, Cafeteria including PHE, Electrical, Fire fighting and external services. The construction work is going on. It is supervised by a Building Committee.



The ongoing infrastructure development at the Institute.



**ESTABLISHMENT SECTION :**

The Establishment section looks after the personnel service matters of all officials and staff from joining to retirement. In addition to it, the section carries out ministry related correspondence, court related work etc. The current staff position includes one Administrative Officer and other supporting staff.

**PUBLICATION CELL :**

The full fledged Information and Publication Section was introduced in the year 2007 to facilitate information flow within and outside the organization and to undertake liaison and publication works in the sphere of mental health. Since its inception, the Section has been publishing the annual reports, booklets, information brochures, educational materials, publicity pamphlets, etc. Annual Reports are published in both English and Hindi languages. The Section is also engaged in the documentation and photography works of the institute. It maintains the website of the institute and provides all updates concerning the institute. The current staff position includes a Publication Officer and a Publication Assistant.

The Cell collects and prepares answers to the parliamentary questions including Lok Sabha and Rajya Sabha questions as desired by the Ministry. The Cell also coordinates the functions related to the Result Framework Documents (RFD) and Right to Information Act (RTI) of the Institute.

**NAZARAT SECTION :**

Procurement of all items of the institute including medicine, dietary, hygiene, stationary and computer items are done through this section. In addition to it, this branch also looks after the maintenance of vehicle. The section is headed by I/c Nazarat and supported by other subordinate staff.

### ACCOUNT AND FINANCE SECTION :

The Accounts and Finance Section is engaged in providing the services pertaining to Finance and maintenance of accounts of the Institute. The main functions of the department comprise of preparation of yearly budget, submission of annual audited report of expenditure to ministry and other financial related works of the Institute. The current staff position includes one Chief Finance and Accounts Officer and one Accounts Officer supported by other subordinate staff.

- Mr. J.K. Sarma, Chief Finance and Accounts Officer, LGBRIMH, is also working as a Financial Advisor of North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences, Shillong, from 7th May, 2012.

### CAFETERIA :

For recreation purpose, a new cafeteria is set up in the OPD complex which got inaugurated on 15.08.14. In addition to it, another canteen, equipped with modern amenities, is located in front of the hospital gate for providing healthy and hygienic services for indoor patients, visitors and staff. Snacks as well as fast food items are available in the cafeteria in the OPD as well as the one located in front of the hospital gate.

### DIETETICS

This service is available for inpatients and is aimed at promoting health and aid in the management of illness. Balanced diet is provided to the patients. In addition to the meal, they are also provided fruits and other necessary dietary supplements.

### HOSTEL

Hostel accommodation is provided in separate buildings for male and female students. At present there are 4 hostels accommodating 60 students. Out of the 4 hostels, 3 are for female students and 1 is for male students respectively.

The administration comprises of 2 Hostel Superintendents, 4 Hostel Wardens and Mess Monitors. There is also a hostel management committee entrusted with the responsibility of discipline and maintenance in the hostels.

Each of the hostels has telephone and television with cable connection. The students can relax themselves by involving in games such as Table Tennis and Badminton. The hostels hold annual event including sports activities.

The hostels have certain rules and regulations including anti-ragging rules that apply to all the boarders for maintenance of discipline and good conduct.

### COMPUTER FACILITIES

Computers have become the most vital and essential part of day-to-day functioning. All staff rooms are equipped with sufficient computers to help staff carry out their day-to-day tasks. Internet facility is provided throughout the campus using LAN and wireless LAN connections. The institute is connected to highspeed NKN. A technician extends his help for immediate troubleshooting of computers. All the computer facilities in the Institute are provided under the supervision of Medical Record Officer (MRO).

### PUBLIC GRIEVANCE

The institute has implemented the Sevottam model that has been developed with the objective of improving the quality of public service delivery in the country. The model comprises of three components. The first component requires effective charter implementation, the second requires adequate grievance redress system, and the third requires excellence in service delivery.

The Citizen's Charter is a written declaration by a Government department that highlights the standards of service which it delivers. The institute has its own charter that enables users to know what services are available in the institute, the quality of services they are entitled to and the means through which complaints regarding denial or poor quality of services will be redressed. The institute has its own grievance redress system. All verbal grievances are managed at the spot of the delivery of care.

In the OPD, the MRO and in the Indoor, the Matron resolves the issue in consultation with the in charges. Every grievance is duly acknowledged with proper grievance number and expected time of redress. The complaints should be accompanied with proper name and address of the aggrieved person. If the matter is not resolved then it is referred to the Medical Superintendent who tries to resolve it within 30 days of referral. The Director is the next appellate authority if the grievance is not resolved. A public task force and a steering committee exist at the apex level at the Ministry of Health & Family Welfare, Govt. of India, New Delhi for implementation of the Sevottam complaint Grievances Redressal Mechanism. The institute publishes the Results-Framework Document for every year. The document not only contains the agreed objectives, policies, programs and projects but also targets to measure progress in implementing them. The institute also provides responses to RTI applications regularly. The institute is optimistic that accomplishment of these tasks will lead to the achievement of Sevottam.

## **STORE**

The store maintains everything required for the full functioning of the institute. It provides uninterrupted services to the various user departments. It has different sections, viz. - medicines, stationary, dietetics, hygiene, electrical section and condemned materials. The store is in the process of being computerized to facilitate enhanced services.

## **EMERGENCY SERVICES**

The Institute provides medical services, geared to meet any emergency, from 2 p.m. to 9 a.m. The patients in need of acute care and without prior appointment are given adequate treatment without delay.

## **LINEN AND LAUNDRY**

Linen and laundry service is available in the institute to ensure supply of good, clean and fresh linen to patients and prevent cross infections between patients. To maintain health and hygiene of the patients, the uniforms of the patients and the bed

linen are washed daily. Currently the Institute relies on manual labor for the washing purpose, but plans are being made to use commercial mechanized laundry machines in the future.

## **SANITATION**

Sanitation can lead a long way towards mitigating hospital infection and as such the institute has special requirements for it. The incineration method is employed for disposal of hospital waste. The Institute attempts to create a totally germ-free atmosphere. Disinfection of urinals and bathrooms are done on a regular basis under the supervision of sanitary supervisor.

## **SECURITY**

Keeping in view of the variety of people who make up the hospital environment - patients, staff, physicians, visitors, students and so on - hospital security poses a significant challenge. As such security guards are placed at key areas to check on unauthorized entry and prevent unforeseen incidents. To provide a safer environment, the security guards keep a track of all the visitors to the Institute.

## **LITIGATIONS**

The Institute handles administration and patients-related litigations. The institute has a legal adviser who furnishes advice on all legal issues and addresses the same. Psychiatrists of this institute are also assisting the court of law as expert witness as and when summoned.

## **WASTE DISPOSAL**

Bio-medical waste (BMW) means "any solid, fluid or liquid waste, including its container and any intermediate product, which is generated during its diagnosis, treatment or immunization of human beings or animals, in research pertaining thereto, or in the production or testing of biological and the animal waste from slaughter

houses or any other like establishments". The waste produced in the course of health care activities carries a higher potential for infection and injury than any other type of waste. About 85% of hospital wastes are non-hazardous, whereas 10% are infectious and 5% are non-infectious but they are included in hazardous wastes. Management, handling and treatment of biomedical waste in our Institute are done as per bio-medical waste rules, 1998. The capacity of Incinerator used for waste disposal is 10-12 kg/hr.

#### **LEGAL AID CLINIC :**

The Legal Aid Clinic is located in the Family Therapy Block of the Institute. It is an initiation done by the institute in collaboration with the Legal Aid Services Authority, Assam, to provide legal relief, easily accessible to the mentally ill persons of the society. The setting up of the clinic facilitates the underprivileged group in exercising their rights as per the law of the land.

## CHAPTER - 10

## REHABILITATION SERVICES

### Introduction

Rehabilitation services are organized by the centre for rehabilitation sciences. It has been an initiation by the Department of Psychiatric Social Work since 2004. Inpatients/Outpatients of LGBRIMH are the beneficiaries of the Rehabilitation services provided by the Institute. It has four units namely, the Occupational/Vocational Therapy Unit, Special Education Unit, Wellness Centre and Physiotherapy Unit. This year with the starting of Yoga and Gym Services, the centre has added a new unit as a Wellness Centre. The Wellness Centre was inaugurated by Mr. Gautam Guha, Additional Secretary and Financial Adviser, Department of Health and Family Welfare, Govt. of India, on 13th September, 2014.



Entrance to Rehabilitation Centre

Inauguration of Wellness Centre by  
Mr. Gautam Guha on 13.09.14



The center has the following aims and objectives :-

- To promote self-esteem and improve quality of life of the patients and caregivers.
- To develop community based rehabilitation programme.
- To propagate the concept of psychiatric and neurological rehabilitation.
- To provide occupational therapy training towards planning vocational engagements and livelihood services.
- To initiate strength building services through physiotherapy section
- To support the special education requirements of differently-abled children, adolescents and adults and initiate a day care service and vocational engagement.

#### Faculty and Clinical Personnel

Post	Name
I/C Centre for Rehabilitation Sciences / Head & Associate Professor ,DPSW	Dr. Sonia Pereira Deuri
Rehabilitation Officer / Assistant Professor ,DPSW	Dr. Arif Ali
Occupational Therapist /Psychiatric Social Worker	Marinella Humstoe
Physiotherapist	Mr. Utpal Borah
Instructor for Special Education	Mrs. Eli Deuri

The rehabilitation services of the institute currently comprises of occupational therapy unit, physiotherapy unit, special education (for the person with intellectual challenge) unit and wellness center unit. Each of them is summarized below:-



### Occupational Therapy

Occupational therapy includes tailoring and embroidery, weaving, tailoring, knitting and stitching, art & craft, wood & bamboo work, gardening, envelop making and literary activities. Clinical rehabilitation includes the following services - rehabilitation needs assessment and counseling, vocational counseling, psycho-education, behavioral intervention, supportive, self-oriented interventions and group interaction sessions. Four exhibitions of products of Rehabilitation center was organized by the center. A total of 2430 patients was benefitted under this unit by way of gaining skills in socially productive work.

### Special Education

This Unit is engaged in facilitating various activities for the persons with intellectual challenges, which includes ADL skill ,communication /language skill, social behavior skill , functional academic skills ,pre vocational /vocational training. A total of 111 people who are intellectually disabled were benefitted under this unit.

### Physiotherapy

This unit was established keeping in view the need of the patients and outsiders with loco motor disabilities. Services of this unit include Pediatric rehabilitation, Neurological rehabilitation, Musculo-skeletal and Orthopaedic rehabilitation, Pain management and Weight reduction programme. In the current session, a total of 562 patients were benefitted under this unit.

### Wellness Centre

Wellness Centre was established with the objective to promote positive health in an individual and to enhance quality of life and sense of well being .The wellness center has three sections :

1. Yoga training programme
2. Cardiovascular training programme
3. Endurance training programme

A total of 395 individuals were benefitted from these services.



A Glimpse of the Wellness Centre.

### List of Wellness Centre Equipment:

SL. No.	List of Equipment	Technical Models	MFG	Quantity
1.	Motorized Treadmill	5555 pro	Fitness World	4 nos.
2.	Elliptical Cross Trainer	E Rider	Fitness World	2 nos.
3.	Upright Bike	U Classic	Fitness World	2 nos.
4.	Recumbent Bike	R Delta	Fitness World	2 nos.
5.	Chest Press	(SBP 100G)	Body Solid	1 no.
6.	Abdominal	SAM900G	Body Solid	1 no.
7.	Lower Back Extension	SBK 1600 G	Body Solid	1 no.
8.	Pectoral	SPD 700G	Body Solid	1 no.
9.	High/Low Lat Pulley	SLM 300G	Body Solid	2 nos.
10.	Leg Extension Machine	SLE 200G	Body Solid	2 nos.
11.	Arm Curl Machine	SBC 600G	Body Solid	2 nos.
12.	Smith Machine	GS 348	Body Solid	1 no.
13.	Leg. Curl Machine	SLC 400 G	Body Solid	1 no.
14.	Pulley Cross Over	GCCO 150S	Body Solid	1 no.

15.	Hip Flexor	GKR 60	Body Solid	1 no.
16.	Hyper Extension	GHYP 345	Body Solid	1 no.
17.	Half Moon Bench	GF121	Body Solid	1 no.
18.	Hammer Bench		Body Solid	1 no.
19.	Decline Bench	GFID 31	Body Solid	1 no.
20.	Plain Bench	GFB 350	Body Solid	5 nos.
21.	Preacher Curl Bench	GPCB 329	Body Solid	1 no.
22.	Barbell Dumbbell Rack	GDR 363/OBH5	Body Solid	1 no.
23.	Olympic Barbell set	183 Kg.	Body Solid	1 no.
24.	Plain Bar	5ft. & 4ft.	Body Solid	12 nos.
25.	EZ Bar with thread & knot		Body Solid	1 no.
26.	Dumbbells (1,2, 2.5, 3,5,7.5 & 10 kg)		Body Solid	150 kg.
27.	Dumbbell Bar	10inch with thread knot	Body Solid	12 nos.
28.	T Bar	TBR 10	Body Solid	1 no.
29.	Chinning Bar		Body Solid	1 no.
30.	Sit up Board with hanger		Body Solid	2 no.
31.	Spare Olympic Bar		Body Solid	1 no.
32.	Twisting Machine with stand		Fitness World	5 nos.
33.	Seated Leg Press	SLP 500G	Body Solid	1 no.
34.	Abs Exerciser		Fitness World	1 no.

## OUTREACH EXTENSION SERVICE

### Introduction

Community outreach extension service in mental health is one of the major trust areas of the institute. The objective of this service is to shift mental health services from the hospital to the community. Mental health experts move to the rural areas to provide these services. Medicines and psychosocial services are provided free of cost. It is primarily meant for the underprivileged and vulnerable segments of the society who have limited access to mental health services. All the departments of the Institute collaborate to conduct the clinics regularly. Teams of personnel from Psychiatry, Psychiatric Social Work, and Psychiatric Nursing Department including supporting staff form the team. The ongoing regular outreach services are -

1. **Sootea Extension Clinic** : Psychiatric extension service at Sootea PHC was started in 2007 as part of the NMHP research project. It is located at a distance of 60 Km away from the Institute. This clinic is held regularly on the second Thursday of every month. Attached to this centre are also four Self-Help Groups of care-givers in three villages of the Sootea Block. This community services has also accommodated another service on the fourth Thursday of every month to cater to the patients of an extension service earlier held at Biswanath Chariali Civil Hospital from the year 2001 to 2011. Due to inadequate space availability the service was shifted to Sootea P.H.C.
2. **Jakhalabanda Extension Clinic** : The extension clinic at the Community Health Centre (CHC), Jakhalabanda, Nagaon was started in 19th February, 2011. It is about 40 Km away from the Institute. The clinic is scheduled on third Saturday of each month.
3. **Missionary of Charity Extension Clinic** : This service was started in 2007 at the Missionary of Charity, Tezpur, about 4 Km away from the Institute. It is scheduled on the first Wednesday of every month. Residents of the Missionary of Charity in need of services for mental illness and epilepsy are the chief beneficiaries of the clinic.

## Summary of patients attending different outreach clinic of the Institute

<b>Outreach Clinics</b>	<b>No. of Registrations</b>
Sootea Outreach Clinic	6805
Jakhalabanda Outreach Clinic	745
Missionary of Charity Outreach Clinic	521

## **SPECIAL FUNCTIONARIES**

### **Ethics Committee**

The Ethics Committee was formed with the objective of facilitating patient care, research and education for faculty and students. The committee was formed in accordance with the rules and regulations of the Indian Council of Medical Research that mandates clearance of all proposals on biomedical research involving human participants by an appropriately constituted Institutional Ethics Committee (IEC). The Committee provides advice to the researchers on welfare and safety aspects of the research participants following assurance of scientific soundness of the research through the Scientific Review Committee.

Power and functioning of the Ethics Committee :

1. To protect the dignity, rights and well being of patient and research participant.
2. To ensure universal ethical values and International Scientific Standard in terms of local community values and customs.
3. To assist in the development and education of a research community, which will be responsive to local health care requirements.

### **Scientific Review Committee**

The Scientific Review Committee of LGBRIMH has been constituted from the various academic departments of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology for smooth functioning of patient care services, academic and research related activities. The thesis protocols of all P.G. students and all the research related works of Academic Departments are screened by this Committee to ensure protection of human rights of all participants as per International Scientific Standards.

### Right to Information Act 2005

The Right to Information Act 2005 mandates timely response to citizen requests for government information. To implement this Act at the institute, the Authority nominated the Appellate Authority, Public Information Officer and Assistant Public Information Officer to reply the information desired by different appellate.

The following table shows the number of RTI application received and replied during the session :

Sl. No.	No. of RTI Application	Reply	Transfer
1.	26	26	Nil

### Parliamentary Questions

Parliamentary Questions are one of the important procedural devices that empower Members of the Parliament to elicit factual information from the Government on a matter of public interest. As an institute under the Govt. of India, Ministry of Health and Family Welfare, the Institute submits the answer of parliamentary questions asked by the members of Lok Sabha and Rajya Sabha as forwarded by the Ministry. We receive the Parliamentary questions which are categorized as Starred, Unstarred and Short Notice Questions. In the session April 2014 to March 2015, the Institute provided answers to a total of 31 Lok Sabha and Rajya Sabha Questions to the Ministry as desired.

## EVENTS AND FESTIVALS

The Independence Day and Republic Day are regularly organised in the Indoor campus. The national flag is hoisted on both these occasions. The staff, students and recovering patients participate in the national anthem. Indoor and outdoor games are organized during such occasions. Both patients and staff take part in the various competitions followed by prize distribution ceremony.

Religious and cultural celebrations like Bihu, Durga Puja, Christmas, Id and Saraswati Puja are observed as part of recreation activities in the Indoor. Patients are encouraged to take part in the rituals. Sweets and fruits are distributed to all patients on such occasions to create the festive mood. All celebrations are planned keeping in mind the motive of providing the patients a home away from home.



Celebration of Bihu, the cultural festival of Assam.

The Director along with the staff singing the national anthem and saluting the national flag on the occasion of Independence Day.







The Director planting a tree on the occasion of Independence Day.



Observance of Durga Puja in Institute premise



The Director addressing the audience on the occasion of Republic Day.

CHAPTER - 14

## DISTINGUISHED VISITORS



Mr. A. Pradhan, Special Rapporteur, National Human Rights Commission, inspected the institute on 13.06.14

Mr. Gautam Guha, Additional Secretary and Financial Adviser, Department of Health and Family Welfare, Govt. of India, visited the construction site on 13.09. 2014.



Mr. Swapnanil Baruah, Commissioner, North Assam Division, Govt. of Assam, visited the institute on 05.04.14



Mr. Oma Nand, Deputy Secretary, Ministry of Health and Family Welfare, Govt. of India, visited construction site on 27.07.14



Hon'ble Justice Mr. B. K. Sarma of Gauhati High Court inspected the institute on 29.11.2014

**ANNEXURE I**

**Specialty wise break up of students on rolls as on 31.3.2015.**

**Psychiatry:**

MD = 5

DNB = 6

**M. Phil PSW:**

First Year = 5

Second Year = 5

**M. Phil Clinical Psychology:**

First Year = 4

Second Year = 4

**Psychiatric Nursing:**

M. Sc. First Year = 12

M. Sc. Second Year = 11

DPN = 10

**Number of students who passed the various examinations during the year 2014-15 speciality wise:-**

**Psychiatric Nursing: (passed in 2014, G U Examinations)**

M. Sc. First Year = 10

M. Sc. Second Year = 12

DPN = 10

**M. Phil PSW: (passed in 2014, G U Examinations)**

First Year = 3

Second Year = 5

**M. Phil Clinical Psychology: (passed in 2014, G U Examinations)**

First Year = 4

Second Year = 3

**Psychiatry:**

DNB = 3

MD = 2

**ANNEXURE II**

Sl. No.	Guest lecturers / resource persons	Department	Period of Visit
1.	Dr. S. Chandragiri, Medical Director, Oregon State Mental Institute, USA	Psychiatry	19 <sup>th</sup> April 2014
2.	Dr. Kishore Das, Dept. of Statistics, Gauhati University	Psychiatry	6 <sup>th</sup> -7 <sup>th</sup> September 2014
3.	Dr. Sanjeev Jain, Professor and HoD of Psychiatry, NIMHANS	Psychiatry	14 <sup>th</sup> November 2014
4.	Dr. Alok Sarin, Psychiatrist, Sitaram Bhartia Institute of Science and Research, New Delhi	Psychiatry	15 <sup>th</sup> November 2014
5.	Dr. Joydev Sharma, Professor of Anatomy, GMCH	Psychiatry	16 <sup>th</sup> January-17 <sup>th</sup> January, 2015
6.	Dr. Marami Das, Associate Professor of Neurology, GMCH	Psychiatry	21 <sup>st</sup> and 22 <sup>nd</sup> February 2015, 23 <sup>rd</sup> March – 24 <sup>th</sup> March, 2015
7.	Dr. Jayanti Kalita, Associate Professor of Neurology, SGPGIMS	Psychiatry	21 <sup>st</sup> and 22 <sup>nd</sup> February 2015
8.	Dr. Rituparna Barooah, Associate Professor of Physiology, NEIGRIHMS	Psychiatry	23 <sup>rd</sup> February – 24 <sup>th</sup> February, 2015
9.	Mrs. Sewali Goswami, Senior Faculty, Education Department, Govt. B.Ed. College, Tezpur	Psychiatric Nursing	26 <sup>th</sup> July, 2014
10.	Mrs. Abanti Gopan, Nursing Consultant, Tata Memorial Hospital, Kolkata, West Bengal	Psychiatric Nursing	29 <sup>th</sup> to 30 <sup>th</sup> August 2014
11.	Prof. Pushpita Chakravorty, Vice Principal B.Sc., CON, Silchar	Psychiatric Nursing	27 <sup>th</sup> – 28 <sup>th</sup> September, 2014
12.	Dr. Sandhya Gupta, Faculty, CON, AIIMS, Delhi	Psychiatric Nursing	9 <sup>th</sup> and 10 <sup>th</sup> October 2014
13.	Dr. Sailaxmi Gandhi, Associate Professor, NIMHANS, Bangalore	Psychiatric Nursing	4 <sup>th</sup> to 6 <sup>th</sup> March, 2015
14.	Dr. Rajaram S., Psychosocial Consultant & Psychiatric Social Work Educator, Bangalore	Psychiatric Social Work	28 <sup>th</sup> to 30 <sup>th</sup> May 2014
15.	Dr. R. Raguram, Professor and Head, KIMS, Bangalore	Psychiatric Social Work	11 <sup>th</sup> and 12 <sup>th</sup> February 2015
16.	Dr. Bino Thomas, Head, Department of	Psychiatric	30 <sup>th</sup> October 2014

	Social Work, Christ University, Bangalore.	Social Work	
17.	Dr. Tillotama Mukherjee, Associate Professor, Department of Clinical Psychology, Calcutta University	Clinical Psychology	26 <sup>th</sup> to 28 <sup>th</sup> May 2014
18.	Dr. Thomas Kishore, Associate Professor, Department of Health Psychology, Central University,	Clinical Psychology	2 <sup>nd</sup> to 4 <sup>th</sup> June 2014
19.	Dr. K.B. Kumar, Professor and HOD, Dept. of Clinical Psychology, Sweekar Academy of Rehabilitation Sciences, Secunderabad	Clinical Psychology	18 <sup>th</sup> to 22 <sup>nd</sup> August 2014
20.	Dr. Dharav Shah, Consultant Psychiatrist	Clinical Psychology	4 <sup>th</sup> November, 2014
21.	Dr. Sonali De, Associate Professor, Calcutta University	Clinical Psychology	28 <sup>th</sup> November, 2014
22.	Dr. Jyotshna Agrawal, Assistant Professor, IIT, Patna	Clinical Psychology	29 <sup>th</sup> November, 2014
23.	Dr. Sumesh S. S., Assistant Professor, Central University, Tezpur,	Clinical Psychology	December 2014
24.	Dr. Mashroor Jahan, Additional Professor, RINPAS, Ranchi	Clinical Psychology	21 <sup>st</sup> January – 24 <sup>th</sup> January 2015
25.	Dr. Jayanti Basu, Professor, Department of Psychology, Calcutta University	Clinical Psychology	23 <sup>rd</sup> February – 24 <sup>th</sup> February 2015

# Auditor's Report





**SURENDRA DUGAR & ASSOCIATES**  
Chartered Accountants



FRN : 325846E

**INDEPENDENT AUDITOR'S REPORT**

To  
**The Director**  
**Lokopriya Gopinath Bordoloi Regional Institute of Mental Health**  
**Tezpur, Assam**

**Report on the Financial Statements**

I have audited the accompanying financial statements of **M/s Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam** which comprise the Balance Sheet as at March 31, 2015 and the Statement of Income and Expenditure Account and Receipts and Payments Accounts for the year then ended, and a summary of significant accounting policies and other explanatory information.

**Management's Responsibility for the Financial Statements**

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Institute in accordance with accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.

**Auditor's Responsibility**

My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with the standards on auditing issued by the Institute of Chartered Accountants of India. Those standards require that I comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedure to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well evaluating the overall presentation of the financial statements. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

**Opinion**

In my opinion and to the best of my information and according to the explanations given to me, the financial statements read with notes on accounts give the information required by the Act in the manner so required and give a true and fair view, subject to notes on accounts, in conformity with the accounting principles generally accepted in India :

A.C. Plaza, Main Road, Tezpur - 784001 (Asom) :: (03712) 223149, 9435084209 :: Email : surendra.dugar@gmail.com

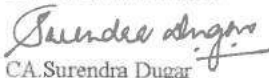
- (a) in the case of the Balance Sheet, of the State of affairs of the Institute as at March 31, 2015 ;
- (b) in the case of the Statement of Income and Expenditure, of the Excess of Expenditure over Income for the year ended on that date.
- (c) in the case of the Statement of Receipts and Payments Account, of the Receipts and Payments for the year ended on that date.

**Report on Other Legal and Regulatory Requirements**

1. I report that :

- i) I have obtained all the information and explanations, which to the best of my knowledge and belief were necessary for the purpose of my audit;
- ii) In my opinion proper books of accounts as required by law have been kept by the Institute so far as appears from my examination of those books;
- iii) The Balance Sheet and the Statement of Income and Expenditure and Receipts and Payments account dealt with by this report are in agreement with the books of account;

For, Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571  
FRN: 325846E

Place of Signature : Tezpur  
Date : 31<sup>st</sup> July 2015



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Balance Sheet as at 31st March 2015

Sources of Funds	Schedule	Current Year	Previous Year
Corpus/ Capital Fund	1	1,786,003,300	1,362,037,125
Reserves and Surplus	2	-	-
Earmarked/ Endowment Funds	3	36,505,847	36,505,847
Secured Loan and Borrowing	4	-	-
Unsecured Loan and Borrowing	5	-	-
Deferred Credit Liabilities	6	-	-
Current Liabilities and Provisions	7	6,810,800	4,770,971
		<b>1,829,319,947</b>	<b>1,403,313,943</b>
<u>Application of Funds</u>			
Fixed Assets	8	1,422,720,779	917,538,061
Investment from Earmarked/ Endowment Funds	9	-	-
Investment - Others	10	-	-
Current Assets, Loans and Advances	11	406,599,168	485,775,882
Miscellaneous Expenditure		-	-
		<b>1,829,319,947</b>	<b>1,403,313,943</b>
Significant Accounting Policies	24		
Contingent Liabilities and Notes on Accounts	25		

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants

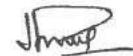


CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



Tezpur, 31st July 2015

For and on behalf of the management  
LGB Regional Institute of Mental Health



Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

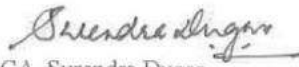
## Income and Expenditure Account for the year ended 31st March 2015

INCOME	Schedule	Current year	Previous year
Income from sales/service etc	12	104,447	65,110
Grants/subsidies	13	230,000,000	201,960,759
Fees/subscription	14	932,688	1,070,800
Income from investment	15	12,508,584	44,733,028
Income from royalty,publication	16	-	-
Interest earned	17	15,662,682	8,559,570
Other income	18	291,938	87,276
Increase/decrease in stock	19	729,330	487,178
<b>Total(A)</b>		<b>260,229,669</b>	<b>256,963,721</b>
<b>EXPENDITURE</b>			
Establishment expenses	20	172,105,921	154,487,289
Other administrative expenses etc.	21	49,720,651	51,959,466
Expenditure on grants, Subsidies etc.	22	2,515,749	4,327,403
Interest	23	-	-
Depreciation	8	41,921,173	22,092,381
Damage of machinery		-	-
<b>Total(B)</b>		<b>266,263,494</b>	<b>232,866,539</b>
Balance being excess of income over expenditure		(6,033,825)	24,097,182
Transfer to special reserve (specify each)		-	-
Transfer to from General Reserve		-	-
Balance being surplus/deficit carried forward to CORPUS /CAPITAL FUND		(6,033,825)	24,097,182
Significant accounting policies	24		
Contingent liabilities and notes on accounts	25		

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



Tezpur, 31st July 2015

For and on behalf of the management

LGB Regional Institute of Mental Health



Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Somitpur :: Assam

Consolidated Receipts and Payments Account for the year ended 31st March 2015

Receipts	Ann	Current Year	Previous Year	Payments	Ann	Current Year	Previous Year
<u>Opening Balance</u>				Establishment Expenses	VIII	172,468,124	154,795,809
a) Cash in hand		427	-	Office Expenses	IX	12,894,747	13,685,288
b) <i>Cash at bank</i>				Administrative Expenses	X	15,402,169	20,651,029
Savings Account	I	267,895,470	43,534,065	Hospital Expenses	XI	20,251,012	16,602,759
c) Term Deposits	II	187,042,552	449,170,487	Academic Expenses	XII	1,480,652	1,787,631
Interest Earned				Payment from Fees A/c 2733	XIII	411,411	391,896
On Saving account	III	15,662,682	8,559,570	Payment from Rehabilitation A/c 4797	XIV	19,735	989,313
On Term Deposit	IV	12,508,584	44,733,028	Payment from A/c 6000	XV	1,034,689	655,086
Grants/ Subsidies Received	V	660,000,000	641,960,759	Payment from A/c 6666	XVI	1,049,914	2,748,357
Other Income	VI			Fixed Assets Purchased	XVII	547,103,891	523,047,965
A/c 2733		904,248	1,072,800	Advances / Liability Paid	XVIII	10,214,000	3,575,435
A/c 1172		104,437	65,110	Closing Balance		-	427
A/c 1158		727,359	443,971	a) Cash in hand			
A/c 914010029238412		28,440		b) <i>Cash at bank</i>			
Other Receipts of non-revenue in nature	VII			Savings Account	XIX	77,755,510	267,895,470
Security Deposits		1,257,808	1,374,959	c) Term Deposits	XX	287,076,795	187,042,552
Earnest Money Deposit		782,560	504,987				
Others		248,082	2,449,281				
		1,147,162,649	1,193,869,017			1,147,162,649	1,193,869,017

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants

*Surendra Dugar*  
C.A. Surendra Dugar  
Proprietor

MRN: 063571 / FRN: 325846E

Tezpur, 31st July 2015



For and on behalf of the management  
LGB Regional Institute of Mental Health

*[Signature]*

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2015

Schedule 1: Corpus/ Capital Fund

	Current Year	Previous Year
Balance at the beginning of the year	1,362,037,125	897,939,943
Add: Contribution towards corpus/ capital fund	430,000,000	440,000,000
Add/deduct balance of net income/expenditure transferred	(6,033,825)	24,097,182
	1,786,003,300	1,362,037,125

Schedule 3: Earmarked/ Endowment Funds

Balance at the beginning of the year	36,505,847	36,505,847
Earmarked/ Endowment fund	-	-
Interest on Investment	-	-
Transfer from Earmarked/ Endowment fund	-	-
	36,505,847	36,505,847

Schedule 7: Current Liabilities

1. Acceptances	-	-
2. Sundry Creditors		
a) For goods	-	-
b) Others outstanding liabilities	-	-
3. Advances Received/Security deposits/ Others	5,078,434	3,908,979
Security Deposit (HSCC)	-	-
Security Deposit (A/C 6666)	164,929	164,929
Caution Deposit (A/C No 2733)	2,000	2,000
Security Deposit(Library)	-	-
Security Deposit (Rehabilitation)	105,660	17,307
4. Interest accrued but not due on		
a) Secured loans/borrowings	-	-
b) unsecured loans/borrowings	-	-
5. Statutory Liabilities		
a) VAT	952	952
b) IT	-	-
c) Excess Deposit against bill no 106A,47,860,47	1,461	-
d) LIP	650	650
e) NPS	-	-
f) GPF	-	2,000
g) Contractors liability	96,632	96,632
h) Earnest money (SB A/C No 1158)	1,359,316	576,756
i) Earnest money (SB A/C No 1172)	300	300
6. Others current Liabilities	466	466
	6,810,800	4,770,971



Schedule 11: Current Assets/ Loans and Advances

## A. CURRENTS ASSETS

## 1. Inventories

a) Stores and spares	3,038,439	2,309,109
2. Sundry Debtors	-	-
3. Cash balance in hand(including cash,P.advance etc.)	-	427

## 4. Bank Balances

## a) With schedule Banks

Purchase of FDR

Pension Fund (A/c 5555)

On deposit accounts

On saving accounts

Total

## B. LOANS AND ADVANCES AND OTHER ASSETS

## 1. LOANS

## 2. Advances and other amounts recoverable in cash or in kind for value to be received

(a)On capital account ,Advance to HSCC

(b) Prepayment

(c) Others:

Festival advances

Advance for Maint. of Water Plant

Others (Consultancy) HSCC

Telephone security

Advance Maintainaence of Building

Advance Improvement &amp; maintenance of electrical item

Advance Rehab Non Recurring Exp 4797

Advance Other Charges

	20,496,357	19,205,912
	269,333,522	170,380,975
	75,002,426	265,351,135
	<u>364,832,305</u>	<u>454,938,022</u>
	-	-
	-	-
	114,640	126,540
	958,731	578,731
	27,130,853	27,130,853
	12,200	12,200
	9,190,000	580,000
	890,000	100,000
	420,000	-
	12,000	-
	<u>406,599,168</u>	<u>485,775,882</u>





DESCRIPTION	GROSS BLOCK as on 04/01/2014	Addition	Deletion	Gross Block as on 31/03/2015	Rate	Rate Cross/block as on 31.03.2015	Rate	Accumulated Depreciation			Closing WDV as on 31/03/2015	Closing WDV as on 31/03/2014			
								Opening Balance as on 04/01/2014	Provided during the year	Closing Balance as on 31/03/2015			Opening Balance as on 01/04/2014	Provided during the year	Closing Balance as on 31/03/2015
<b>A. Fixed Assets</b>															
1. X-Ray Machine	293,700	915,000	-	293,700	93,000		15%			137,230	137,230	777,750			
2. Type Machine	66,906				66,906		15%	48,196		2,807	51,003	15,904			
3. Semi-Auto analyser	249,040				249,040		15%	176,071		10,943	187,016	62,024			
4. Vehicles	3,376,604				3,376,604		15%	2,279,098		164,626	2,443,724	932,880			
5. Furniture & Fixtures	15,905,537	605,198	2,255,443		18,766,178		10%	6,378,571		1,125,989	7,504,560	11,261,618			
6. Office Equipment	8,407,345	75,230	291,262		8,773,867		15%	3,603,807		753,394	4,359,171	4,801,548			
7. Computer peripherals	5,111,961		538,830		5,650,791		60%	4,391,458		600,551	4,992,009	669,782			
8. Library Books	92,276,726	14,824,575			107,101,301		100%	83,159,884	33,941,417		107,101,301	9,116,842			
9. Medical equipments	739,680		99,750		839,430		15%	520,871	40,303		561,174	278,256			
10. Bicycle	1,390				1,390			1,390			1,390	-			
11. Modif Xerox	238,195				238,195		15%	242,933	2,289		245,222	12,973			
12. Incinerator	735,104				735,104		15%	453,923	42,177		496,102	239,002			
13. Fire Extinguisher	79,706				79,706		15%	67,621	1,813		69,434	12,085			
14. DG Sets	1,676,000				1,676,000		15%	875,711	130,943		995,754	680,246			
15. Hospital Equipment	1,792,430				1,792,430		15%	682,295	166,528		848,815	943,615			
16. Voltage Stabiliser	452,564				452,564		15%	286,471	24,914		311,385	141,179			
17. Electrolite (pathology)	182,000				182,000		15%	115,804	39,259		125,733	56,267			
18. Digital microscope & Fully Automated clinical chemistry	5,118,750				5,118,750		15%	2,531,272	38,722		2,921,094	2,197,656			
19. Shimadzu Ultrasound System SDU-1100 (Pathology)	2,122,000				2,122,000		40%	750,125	548,750		1,298,875	823,125			
20. 16 Slicer Brilliance CT Scan Phillips	21,500,000				21,500,000		40%	4,560,150	3,775,940		11,336,090	16,939,850			
21. Upgradation of Pathology dept. (Works)	2,402,776				2,402,776		10%	188,287	22,449		409,736	2,214,489			
22. Imp. of road connect. NH	8,893,902				8,893,902		10%	1,014,797	787,911		1,802,708	7,091,195			
23. By pass road	3,165,831				3,165,831		10%	258,015	29,782		548,797	2,617,034			
24. Link road	454,108				454,108		10%	51,814	46,229		92,043	362,065			
25. Cons. Of boundary wall	6,693,647				6,693,647		10%	763,742	592,891		1,356,733	5,336,915			
26. Quarter (Non Recurring)	23,094,047				23,094,047		9%	1,505,732	1,079,416		2,585,148	20,508,899			
27. Electrical Substation	903,566				903,566		10%	103,096	80,977		183,143	720,423			
28. Security Fencing construction	957,794				957,794		10%	74,344	38,345		162,689	795,105			
29. Electrical Items	28,550				28,550		10%	6,054	2,250		8,304	20,246			
29. Upgradation OF IGBRIMH	245,000				245,000		10%	7,988	23,701		31,689	213,311			
30. Consultancy and construction HSCC	30,147,762				30,147,762							30,147,762			
31. Printer under research project a/c 4798	14,227				14,227		60%	6,966	4,417		11,383	2,944			
32. Equipments under rehabilitation	129,740				129,740		15%	34,639	15,785		46,404	89,336			
33. Construction of Rehabilitation centre	22,194,035				22,194,035		10%	1,447,054	2,074,698		3,521,752	18,672,283			
34. Furniture under manpower dev. a/c 6000	460,740				460,740		10%	87,495	37,325		124,820	335,921			
35. Purchase of Furniture under Rehabilitation centre (A/C 4797)	1,191,211				1,191,211		10%	150,808	169,040		254,848	936,363			
36. Equipment (A/C 4797)	5,678,851		463,534		6,142,385		15%	158,770	862,777		1,021,547	5,120,838			
37. Furniture (A/C No 6666)	14,097				14,097		10%	1,784	1,231		3,015	11,082			
38. Purchase of Equipment (S B A/C No 6666)	5,721,511		90,355		5,811,866		15%	724,344	756,352		1,480,696	4,331,170			
39. Purchase of books (A/c 6000)	3,880,613				3,880,613		100%	3,880,613			3,880,613				
40. Add Capital work in progress	762,800,000		536,933,694		1,299,733,694							1,289,733,694			



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Income and Expenditure Account for the year ended 31st March 2015

Schedule 12: Income from Sales and Service

	Current year	Previous year
Canteen Rent	12,200	12,700
Tender Fees	37,000	19,800
Application Fee for vacant post	-	27,420
Xerox charges	-	5,170
RTI Fees	10	20
Miscellaneous Received (A/c No-1172)	55,237	-
	104,447	65,110

Schedule 13: Grants and Subsidies

	Current year	Previous year
Central Government	230,000,000	200,000,000
Received from Tezpur University(SB A/C No 6666)	-	1,960,759
Total	230,000,000	201,960,759

Schedule 14: Fees / Subscription (A/c No.2733)

	Current year	Previous year
DNB course Fees	245,500	219,600
DPN course fee	19,800	24,000
M.Sc. Nursing course fee	203,400	231,600
M Phil(PSW)	-	38,900
MD fee	44,700	47,800
Entrance examination	500	24,100
Entrance Examination Fess (A/c: 914010029238412)	28,440	-
Mphil (Clinical Psychology)(A/C No 2733)	21,200	49,500
Stipned Recovery(A/C No 2733)	-	18,000
MSP Fee Receipt (A/C No 2733)	-	8,400
Posting Fee(A/C No 2733)	309,062	255,600
PSW Course Fee(A/C No 2733)	59,900	81,300
Student Bond Recovery(A/C No 2733)	-	72,000
Miscellaneous Received(A/C No 2733)	186	-
	932,688	1,070,800

Schedule 15: Income from Investment

	Current Year	Previous Year
1) ON TERMS DEPOSIT		
a) With schedule banks	12,508,584	44,733,028
b) with non schedule banks		
c) with institutions		
d) Others		
Total	12,508,584	44,733,028

Schedule 17: Interest Earned

	Current Year	Previous Year
1) Saving Accounts		
a) With schedule banks	15,660,715	8,559,570
b) with non schedule banks		
c) Post office saving accounts		
d) Others	1,967	-
3) On loans		
Total	15,662,682	8,559,570



Schedule 18: Other Income

	Current Year	Previous Year
Miscellaneous Receipts from Gauhati University	-	500
OPD Registration Fees	190,000	80,510
Canteen Electricity Charge	7,400	
License Fees	1,340	6,266
Miscellaneous Received (A/c No-1158)	93,198	-
	291,938	87,276

Schedule 19: Increase / Decrease in stock of finished goods

	Current year	Previous year
a) Closing Stock		
Finished Good	3,038,439	2,309,109
Work in progress	-	-
b) Less opening stock		
Finished Good	2,309,109	1,821,931
Work in progress	-	-
	729,330	487,178

Schedule 20: Establishment Expenses

	Current year	Previous year
Salaries and wages	156,416,314	143,873,362
Pension Contribution/ NPS	2,452,498	5,377,500
Contribution to Provident Fund (EPF)	6,566,788	-
Medical Expenses Reimbursement	1,597,705	856,237
Children Education Allowance	1,494,575	1,248,174
LTC	576,125	110,840
Stipend and Scholarship	3,001,916	3,021,176
Total	172,105,921	154,487,289

Schedule 21: Other Administrative Expenses

	Current year	Previous year
Purchases	19,390,660	16,162,815
Labour expenses	13,383,111	6,187,154
Electricity and power	3,233,501	4,580,740
Repair and maintenences	58,440	11,956,170
Vehicles running and maintenences	649,726	630,210
Postage telephone and communication charges	1,039,956	937,190
Printing and Publication	674,876	667,488
Travelling and conveyance Expenses	1,231,909	1,118,931
Expenses on seminar and workshop	786,685	233,251
Expenses on stationary	300,553	354,050
Auditors remuneration	33,708	26,910
Other Professional & Special Services	43,175	-
Professional charges (legal fees)	9,400	3,600
Advertisement and publicity	945,976	470,632
Purchase of learning materials	-	553,201
Security agency	3,177,992	3,197,478
Executive council meeting	238,122	156,004
Misc.O.E. Hospital	285,523	20,558
Other charges	484,813	810,965
Honararium	2,100	2,400
Staff welfare	35,000	20,000
Maintenance of laundry,kitchen,incinerator	96,611	71,496
Maintenance of Xerox,water plants, DG sets,EPBX	2,376,904	2,025,484
Servicing and repairing of hospital equipment	298,076	347,890
Comntribution to professional bodies	306,618	356,000
Information Technology	69,725	211,270
Consultancy Fees	387,349	645,179
Community Psy programme	180,142	212,400
	49,720,651	51,959,466



Schedule 22: Expenditure on Grant / Subsidies etc.

	Current year	Previous year
<b><u>Expenditure against A/c 2733</u></b>		
DNB fees exp	55,618	45,103
Mphil (PSW)	-	77,300
MD Fees Exp	45,100	53,693
DPN Fee Collection Exp	-	23,996
Mphil (Clinical Psychology)	59,336	38,100
Fee Collection exp	46,601	-
Caution Money Release	18,000	74,000
Misc	12,998	16,040
MSc Psy Nursing fees exp	138,537	63,664
Entrance Exam Fee	19,221	-
Posting Fee	16,000	-
<b><u>Expenditure against A/c 4797</u></b>		
Rehabilitation Exp	19,735	735,787
<b><u>Expenditure against A/c 6666</u></b>		
Salary	675,115	1,052,455
Misc	374,799	1,492,179
<b><u>Expenditure against A/c 6000</u></b>		
Salary	1,034,689	655,086
	<b>2,515,749</b>	<b>4,327,403</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Receipts and Payments Account for the year ended 31st March 2015

	<i>Current Year</i>	Previous Year
<u>Annexure I: Opening Balance of Cash at bank</u>		
2733	2,811,082	2,036,819
1172	7,397,146	6,972,648
4797	2,181,290	7,302,435
1158	244,510,154	21,597,084
6000	6,079,804	274,309
4798	67,447	64,583
6666	2,304,212	2,865,547
5555	2,544,335	2,420,640
	<u>267,895,470</u>	<u>43,534,065</u>

<u>Annexure II: Opening Balance of Term Deposit</u>		
2733	-	-
1172	1,763,937	1,691,293
4797	-	-
1158	162,186,718	420,159,466
6000	6,430,320	11,837,662
4798	-	-
6666	-	-
5555	16,661,577	15,482,066
	<u>187,042,552</u>	<u>449,170,487</u>

<u>Annexure III: Interest Earned on Savings Account</u>		
2733	121,470	93,359
1172	603,724	359,088
4797	106,683	292,916
1158	14,216,157	7,432,122
6000	231,039	89,079
4798	2,725	2,864
6666	170,168	166,447
5555	208,749	123,695
914010029238412	1,967	-
	<u>15,662,682</u>	<u>8,559,570</u>

<u>Annexure IV: Interest Earned on Term Deposits</u>		
2733	-	-
1172	159,918	72,644
4797	-	-
1158	10,898,416	42,516,713
6000	368,554	964,160
4798	-	-
6666	-	-
5555	1,081,696	1,179,511
	<u>12,508,584</u>	<u>44,733,028</u>



Annexure V: Grants/Subsidies ReceivedA/c 1158

Received From MOH & FW, GOI	660,000,000	640,000,000
Received from Rehabilitation Council of India	-	-
Received from Tezpur University	-	-
<u>A/c 6666</u>		
Received from Tezpur University	-	1,960,759
	<u>660,000,000</u>	<u>641,960,759</u>

Annexure VI: Other IncomeA/c 2733

MSc( psy nursing)	203,400	231,600
DPN Course fee	19,800	24,000
Mphil (Clinical Psychology)	21,200	49,500
Caution Money Deposit	-	2,000
DNB course fee	245,500	219,600
Mphil (PSW)	-	38,900
MD Student fees	44,700	47,800
Entrance Examination fee	500	24,100
Stipend Recovery	-	18,000
MSP Fee Receipt	-	8,400
Posting Fee	309,062	255,600
PSW Course Fee	59,900	81,300
Student Bond Recovery	-	72,000
Miscellaneous Received	186	-
Total (A)	<u>904,248</u>	<u>1,072,800</u>

A/c 1172

Sales proceeds	-	-
Canteen Rent	12,200	12,700
sales of scrapes	-	-
Tender Fees	37,000	19,800
Application Fee for vacant post	-	27,420
Postal order	-	-
Library books (late fine)	-	-
Quotation fees	-	-
Xerox charges	-	5,170
RTI Fees	-	20
Miscellaneous Received	55,237	-
Total (B)	<u>104,437</u>	<u>65,110</u>

A/c 1158

OPD Registration fees	190,000	80,510
Gauhati University	-	500
License Fees(Quarter)	127,361	114,974
Electric Charge	307,929	247,987
Electric Charge (Quarter)	-	-
Canteen Electricity Charges	7,400	-
RTI Fees	10	-
Excess Deposit against bill no 106A,47,860,47	1,461	-
Misc Received from Journal Subscription Service B/N	93,198	-
Total (C)	<u>727,359</u>	<u>443,971</u>

A/c 914010029238412

Entance Exam Fee	28,440	-
Total (D)	<u>28,440</u>	<u>-</u>
Grand Total (A+B+C+D)	<u>1,764,484</u>	<u>1,581,881</u>



Annexure VII: Other receipts of non-revenue in nature

a) Security Deposits

A/c 1172	-	-
A/c 4797	88,353	-
A/c 1158	1,169,455	1,315,143
A/c 6666	-	59,816
	<u>1,257,808</u>	<u>1,374,959</u>

b) Earnest Money Deposit

A/c 1172	-	300
A/c 4797	-	-
A/c 1158	782,560	504,687
A/c 6666	-	-
	<u>782,560</u>	<u>504,987</u>

b) Others

A/c 1158

LIP	-	525
GPF	-	2,000
Recovery of Salary	-	27,286
Other Deduction from salary	236,182	172,001
GSLI	-	7,698
NPS	-	-
Income Tax Recovery	-	26,392
Festival Advance	11,900	394,125
Library Advance	-	-
Advance Building	-	1,100,000
Advance Electrical	-	-
Adjustment of Advance Water Plant	-	200,000
Excess Deposit	-	-
Labour Wages paid but not debited by bank	-	519,254
<u>A/c 4797</u>	-	-
Advance Rehab Expenses	-	-
	<u>248,082</u>	<u>2,449,281</u>

Annexure VIII: Establishment Expenses

Salary	156,778,517	144,181,882
Employer's share for EPF & Gratuity	6,566,788	5,295,930
Employer's share for NPS & Gratuity	845,310	-
Reimbursement of Medical Expenses	1,597,705	856,237
Children Education Allowance	1,494,575	1,248,174
Pension/Leave salary Contribution	1,607,188	81,570
LTC	576,125	110,840
Stipends	3,001,916	3,021,176
Total	<u>172,468,124</u>	<u>154,795,809</u>



Annexure IX: Office Expenses

Legal services	9,400	3,600
Printing & Stationery	300,553	354,050
Printing and publications	674,876	667,488
Advertisement and publicity	945,976	470,632
Postage and Telegram	73,803	73,804
BOG/EC Meeting	238,122	156,004
Electricity Charges	3,053,078	3,048,321
Electrical OE	-	-
Telephone charges	966,153	863,386
Security agency	3,177,992	3,197,478
Bank Charges	-	-
Maintenance of computer / Xerox	681,617	395,510
Maintenance of Water plant	-	556,871
Other charge	484,813	810,965
Staff welfare	35,000	20,000
Maint. Of DG sets	1,695,287	1,073,103
Information Technology	69,725	211,270
Improvement & maintenance of electrical item	488,352	1,780,406
Honorarium	-	2,400
	<u>12,894,747</u>	<u>13,685,288</u>

Annexure X: Administrative Expenses

Salary & Wages	13,383,111	6,706,408
Travelling Expenses	1,231,909	1,118,931
Vehicle Maintenance/POL	649,726	630,210
Hospitality Expenses	-	-
Maintenance of Building etc	58,440	11,956,170
Payment of Prof. and spl service	76,883	26,910
Honorarium	2,100	-
Community psy. Programme	-	212,400
	<u>15,402,169</u>	<u>20,651,029</u>

Annexure XI: Hospital Expenses

Diet expenses	5,725,611	5,554,410
Medicine	3,616,511	3,959,147
Clothing	1,094,704	918,747
Laboratory Maintenance	8,500,501	5,264,285
Hygienic expenses	453,333	466,226
Miscellaneous	285,523	20,558
Maint. Of laundry & Kitchen	96,611	71,496
Maintenance of Incinerator	-	-
Surgical Stores	288,076	347,890
Servicing/repairing of Hospital Instrument	10,000	-
Community psy. Programme	180,142	-
	<u>20,251,012</u>	<u>16,602,759</u>



Annexure XII: Academic Expenses

Consultancy Fees	387,349	645,179
Contributional to professional bodies	306,618	356,000
Purchase of learning material	-	553,201
Training / conference/seminar	786,685	233,251
	<u>1,480,652</u>	<u>1,787,631</u>

Annexure XIII: Expenses from A/c 2733

DNB fees exp	55,618	45,103
Mphil (PSW)	-	77,300
MD Fees Exp	45,100	53,693
DPN Fee Collection Exp	-	23,996
Mphil (Clinical Psychology)	59,336	38,100
Fee Collection exp	46,601	-
Caution Money Release	18,000	74,000
Misc	12,998	16,040
MSc Psy Nursing fees exp	138,537	63,664
Entrance Exam Fee	19,221	-
Posting Fee	16,000	-
	<u>411,411</u>	<u>391,896</u>

Annexure XIV: Payments for Rehabilitation A/c

Rehabilitation Exp	19,735	735,787
Security Deposit	-	253,526
	<u>19,735</u>	<u>989,313</u>

Annexure XV: Payment from A/c 6000

Salary	1,034,689	655,086
	<u>1,034,689</u>	<u>655,086</u>

Annexure XVI: Payment from A/c 6666

Salary	675,115	1,052,455
Misc	374,799	1,492,179
Travel Exp	-	-
Release of Security	-	203,723
Registration Fees	-	-
Chemical Consumable	-	-
	<u>1,049,914</u>	<u>2,748,357</u>

Annexure XVII: Fixed Assets Purchased

Capital Work-In-Progress	526,933,694	504,000,000
Car	-	1,097,506
Furniture & Fixture	2,860,641	2,312,963
Office Equipment	366,512	1,156,556
Computer	549,830	939,350
Library Books	14,824,575	9,116,842
Medical Equipments	1,014,750	-
<u>A/c Rehabilitation</u>		
Equipment Purchased	463,534	4,424,748
<u>A/c 6666</u>		
Equipment Purchased	90,355	-
	<u>547,103,891</u>	<u>523,047,965</u>







DESCRIPTION	GROSS BLOCK as on 04/01/2014	Addition	Deletion	Gross Block as on 31/03/2015	Rate	Accumulated Depreciation		Closing WDV as on 31/03/2015	Closing WDV as on 31/03/2014	
						Opening Balance as on 04/01/2014	Provided during the year			
A. Fixed Assets										
1. X-Ray Machine	293,700	915,000		293,700	915,000	15%	137,250	777,750		
2. Type Machine	66,906			66,906	66,906	15%	3,897	15,904	18,710	
3. Semi Auto analyzer	249,040			249,040	249,040	15%	10,945	62,024	72,969	
4. Vehicles	3,376,604			3,376,604	3,376,604	15%	2,279,098	2,443,724	1,097,506	
5. Furniture & Fixtures	15,905,537	605,198	2,255,443	18,766,178	18,766,178	10%	6,378,571	7,504,560	11,261,618	
6. Office Equipment	8,407,355	75,250	291,262	8,773,847	8,773,847	15%	3,605,807	753,384	4,801,548	
7. Computer peripherals	5,111,961	11,000	538,830	5,661,791	5,661,791	60%	4,391,438	600,551	4,992,009	
8. Library Books	92,276,726		14,824,575	107,101,301	107,101,301	100%	83,155,884	23,941,417	107,101,301	
9. Medical equipments	739,680		99,750	839,430	839,430	15%	520,871	40,303	561,174	
10. Bicycle	1,390			1,390	1,390		1,390		1,390	
11. Mech Xerox	238,195			238,195	238,195	15%	242,933	3,289	242,933	
12. Incinerator	735,104			735,104	735,104	15%	433,925	41,177	496,102	
13. Fire extinguisher	79,706			79,706	79,706	15%	67,621	1,813	69,434	
14. DG Sets	1,676,000			1,676,000	1,676,000	15%	875,711	120,043	995,754	
15. Hospital Equipment	1,722,430			1,722,430	1,722,430	15%	682,295	166,520	848,815	
16. Voltage Stabiliser	452,564			452,564	452,564	15%	286,471	26,914	311,385	
17. Electrolysis (pathology)	182,000			182,000	182,000	15%	115,804	9,929	123,733	
18. Digital microscope & Fully Automated clinical chemical	3,118,750			3,118,750	3,118,750	15%	2,533,272	387,832	2,921,094	
19. Shimadzu Ultrasound System SDU-1100 (Pathology)	2,122,000			2,122,000	2,122,000	40%	750,125	548,750	1,999,875	
20. 16 Slices Brilliance CT Scan Philips	21,500,000			21,500,000	21,500,000	40%	4,560,150	6,775,940	11,336,090	
21. Upgrade of Pathology dept. (Worked)	2,402,776			2,402,776	2,402,776	10%	1,88,287	321,449	409,736	
22. Imp. of road connect NH	8,893,902			8,893,902	8,893,902	10%	1,014,797	387,911	1,802,708	
23. By pass road	3,165,831			3,165,831	3,165,831	10%	258,015	380,782	543,797	
24. Link road	454,108			454,108	454,108	10%	51,814	40,229	97,043	
25. Cons. Of boundary wall	6,693,647			6,693,647	6,693,647	10%	763,742	592,991	1,356,733	
26. Quarter (Non Recurring)	23,094,047			23,094,047	23,094,047	5%	1,505,732	1,079,416	2,585,148	
27. Electrical Substation	903,566			903,566	903,566	10%	103,096	80,947	181,143	
28. Security Fencing construction	957,794			957,794	957,794	10%	74,344	88,345	162,689	
29. Electrical items	28,550			28,550	28,550	10%	6,054	2,250	3,304	
29. Upgrade of LGBRIMH	245,000			245,000	245,000	10%	7,988	23,701	31,689	
30. Consultancy and construction HBCC	30,147,762			30,147,762	30,147,762				30,147,762	
31. Printer under research project a/c 4798	14,327			14,327	14,327	60%	6,966	4,417	11,383	
32. Equipments under rehabilitation	129,740			129,740	129,740	15%	24,039	15,765	89,336	
33. Construction of Rehabilitation centre	22,194,035			22,194,035	22,194,035	10%	1,447,054	2,074,698	3,521,752	
34. Furniture under manpower dev. a/c 6000	460,740			460,740	460,740	10%	87,465	37,335	124,800	
35. Purchase of Furniture under Rehabilitation centre (A/C 4797)	1,191,211			1,191,211	1,191,211	10%	150,808	194,940	254,848	
36. Equipments (A/C 4797)	5,678,851		463,534	6,142,385	6,142,385	15%	159,770	88,777	1,021,547	
37. Furniture (A/C No. 6666)	14,097			14,097	14,097	10%	1,784	1,231	3,015	
38. Purchase of Equipment (S.E. A/C No. 6666)	5,721,511		50,355	5,771,866	5,771,866	15%	728,344	786,392	1,480,696	
39. Purchase of books (A/C 6000)	3,880,613			3,880,613	3,880,613	100%	3,880,613		3,880,613	
40. Add Capital work in progress	702,800,000		526,933,694	1,229,733,694	1,229,733,694				1,229,733,694	
TOTAL	1,039,411,756	1,006,448	545,077,443	293,700	1,586,227,947		121,585,095	41,917,173	163,501,188	1,422,726,710

Annexure XVIII: Liability Paid

Income Tax	-	-
Advance Maintenance of Water Plant	380,000	-
Exp from fund from Tezpur University	-	-
Festival Advances	-	382,500
Advance Improvement & maintenance of elect	790,000	100,000
Excess deposit liability adjusted of FY 2012 13	-	5,182
Income Tax Recovery Paid	-	26,392
GSLI Paid	-	7,698
LIP Paid	-	525
Release of Earnest Money	-	628,012
NPS liability Paid of FY 2012 13	-	5,896
Advance for maintenance of Building	8,610,000	580,000
Release of Security Deposit previous years	-	1,839,230
Advance Other Charge	12,000	-
GPF liability of F. Y. 2013-14	2,000	-
<u>A/c Rehabilitation</u>		
Advance Rehabilitation Exp	420,000	-
	<u>10,214,000</u>	<u>3,575,435</u>

Annexure XIX: Closing Balance of Cash at bank

2733	3,425,389	2,811,082
1172	7,105,307	7,397,146
4797	1,473,057	2,181,290
1158	56,287,829	244,510,154
6000	5,276,154	6,079,804
4798	70,172	67,447
6666	1,334,111	2,304,212
5555	2,753,084	2,544,335
914010029238412 (AXIS Bank)	30,407	-
	<u>77,755,510</u>	<u>267,895,470</u>

Annexure XX: Closing Balance of Term Deposit

2733	-	-
1172	2,923,855	1,763,937
4797	-	-
1158	259,610,793	162,186,718
6000	6,798,874	6,430,320
4798	-	-
6666	-	-
5555	17,743,273	16,661,577
	<u>287,076,795</u>	<u>187,042,552</u>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

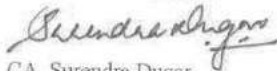
Receipts and Payments Account for the year ended 31st March 2015  
A/c 2733

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-	DNB fees exp	55,618	45,103
<u>b) Cash at bank</u>			Mphil (PSW)	-	77,300
Indian Overseas Bank	2,811,082	2,036,819	MD Fees Exp	45,100	53,693
A/c No.2733			DPN Fee Collection Exp	-	23,996
c) Term Deposits	-	-	Mphil (Clinical Psychology)	59,336	38,100
Interest earned	121,470	93,359	Fee Collection exp	46,601	-
<u>Other Income (Specify)</u>			Caution Money Release	18,900	74,000
MSc( psy nursing)	203,400	231,600	Misc	12,998	16,040
DPN Course fee	19,800	24,000	MSc Psy Nursing fees exp	138,537	63,664
Mphil (Clinical Psychology)	21,200	49,500	Entrance Exam Fee	19,221	-
Caution Money Deposit	-	2,000	Posting Fee	16,000	-
DNB course fee	245,500	219,600	<u>Closing Balance</u>		
Mphil (PSW)	-	38,900	a) Cash in hand	-	-
MD Student fees	44,700	47,800	<u>b) Cash at bank</u>		
Entrance Examination fee	500	24,100	Indian Overseas Bank	3,425,389	2,811,082
Stipned Recovery	-	18,000	A/c No.2733		
MSP Fee Receipt	-	8,400	c) Term Deposits	-	-
Posting Fee	309,062	255,600			
PSW Course Fee	59,900	81,300			
Student Bond Recovery	-	72,000			
Miscellaneous Received	186	-			
	3,836,800	3,202,978		3,836,800	3,202,978

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E

Tezpur, 31st July 2015



For and on behalf of the management  
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2015  
A/c 1172

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>			<u>Closing Balance</u>		
a) Cash in hand	-	-	a) Cash in hand	-	-
<u>b) Cash at bank</u>			<u>b) Cash at bank</u>		
Indian Overseas Bank	7,397,146	6,972,648	Indian Overseas Bank	7,105,307	7,397,146
A/c No. 1172			A/c No. 1172		
c) Term Deposits	1,763,937	1,691,293	c) Term Deposits	2,923,855	1,763,937
<u>Interest earned</u>					
On SB Deposit	603,724	359,088			
On Term Deposits	159,918	72,644			
<u>Other Income(Specify)</u>					
Sales proceeds	-	-			
Canteen Rent	12,200	12,700			
Canteen Electricity Charges	-	-			
Sales of Scrapes	-	-			
Tender Fees	37,000	19,800			
Application Fee for vacant post	-	27,420			
Miscellaneous Received	55,237	-			
Postal order	-	-			
Library books (late fine)	-	-			
Quotation fees	-	-			
Xerox charges	-	5,170			
RTI Fees	-	20			
<u>Other Receipts</u>					
Earnest Money	-	300			
	<b>10,029,162</b>	<b>9,161,083</b>		<b>10,029,162</b>	<b>9,161,083</b>

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants

*Surendra Dugar*

CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



Tezpur, 31st July 2015

For and on behalf of the management  
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

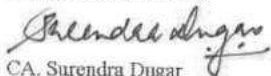
Receipts and Payments Account for the year ended 31st March 2015  
A/c 4797

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<b>Opening Balance</b>					
a) Cash in hand	-	-	Rehabilitation Exp	19,735	735,787
b) Cash at bank			Security Deposit	-	253,526
Indian Overseas Bank	2,181,290	7,302,435	Equipment Purchased	463,534	4,424,748
A/c No.4797			Advance Rehabilitation Exp	420,000	-
c) Term Deposits	-	-			
<b>Interest earned</b>			<b>Closing Balance</b>		
On SB Deposit	106,683	292,916	a) Cash in hand	-	-
On Term Deposits			b) Cash at bank		
			Indian Overseas Bank	1,473,057	2,181,290
<b>Other Deposits</b>			A/c No.4797		
Security Deposit	88,353	-	c) Term Deposits	-	-
Advance Rehabilitation Expense	-	-			
	2,376,326	7,595,351		2,376,326	7,595,351

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E

Tezpur, 31st July/2015



For and on behalf of the management  
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

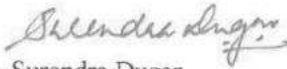
Receipts and Payments Account for the year ended 31st March 2015  
A/c 6000

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-	Salary	1,034,689	655,086
<u>b) Cash at bank</u>					
Indian Overseas Bank	6,079,804	274,309	<u>Closing Balance</u>		
A/c No.6000			a) Cash in hand	-	-
c) Term Deposits	6,430,320	11,837,662	<u>b) Cash at bank</u>		
<u>Interest earned</u>			Indian Overseas Bank	5,276,154	6,079,804
On SB Deposit	231,039	89,079	A/c No.6000		
On Term Deposits	368,554	964,160	c) Term Deposits	6,798,874	6,430,320
	13,109,717	13,165,210		13,109,717	13,165,210

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



For and on behalf of the management

LGB Regional Institute of Mental Health

Tezpur, 31st July 2015

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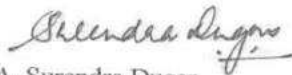
Receipts and Payments Account for the year ended 31st March 2015  
A/c 4798

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-			
<u>b) Cash at bank</u>					
Indian Overseas Bank A/c No.4798	67,447	64,583	<u>Closing Balance</u>		
c) Term Deposits	-	-	a) Cash in hand	-	-
<u>Interest earned</u>			<u>b) Cash at bank</u>		
On SB Deposit	2,725	2,864	Indian Overseas Bank A/c No.4798	70,172	67,447
			c) Term Deposits	-	-
	70,172	67,447		70,172	67,447

In terms of my report for even date attached.

For and on behalf of

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



For and on behalf of the management

LGB Regional Institute of Mental Health

Tezpur, 31st July'2015

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Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

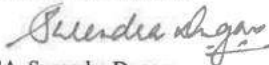
Receipts and Payments Account for the year ended 31st March 2015  
A/c 6666

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>			<u>Other Payments</u>		
a) Cash in hand	-	-	Salary	675,115	1,052,455
<u>b) Cash at bank</u>			Misc	374,799	1,492,179
Indian Overseas Bank	2,304,212	2,865,547	Travel Exp	-	-
A/c No.6666			Release of Security	-	203,723
c) Term Deposits	-	-	Registration Fees	-	-
<u>Grant Received</u>			Chemical Consumable	-	-
Received from Tezpur University	-	1,960,759	Purchase of Equipments	90,355	-
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	170,168	166,447	a) Cash in hand	-	-
<u>Other Receipts</u>			<u>b) Cash at bank</u>		
Security Deposit	-	59,816	Indian Overseas Bank	1,334,111	2,304,212
			A/c No.6666		
			c) Term Deposits	-	-
	2,474,380	5,052,569		2,474,380	5,052,569

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E

Tezpur, 31st July'2015



For and on behalf of the management  
LGB Regional Institute of Mental Health

Authorized Signatory



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

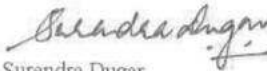
Receipts and Payments Account for the year ended 31st March 2015  
A/c 5555

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-			
<u>b) Cash at bank</u>					
Indian Overseas Bank A/c No.5555	2,544,335	2,420,640			
c) Term Deposits	16,661,577	15,482,066			
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	208,749	123,695	a) Cash in hand	-	-
On Term Deposit	1,081,696	1,179,511	<u>b) Cash at bank</u>		
			Indian Overseas Bank A/c No.5555	2,753,084	2,544,335
			c) Term Deposits	17,743,273	16,661,577
	<b>20,496,357</b>	19,205,912		<b>20,496,357</b>	19,205,912

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



Tezpur, 31st July/2015

For and on behalf of the management  
LGB Regional Institute of Mental Health

Authorized Signatory

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2015  
A/c 914010029238412

Particulars	2014-15 ₹	2013-14 ₹	Particulars	2014-15 ₹	2013-14 ₹
<u>Opening Balance</u>					
a) Cash in hand	-	-			
<u>b) Cash at bank</u>					
Axis Bank	-	-			
A/c No.914010029238412					
c) Term Deposits	-	-			
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	1,967	-	a) Cash in hand	-	-
On Term Deposits		-	<u>b) Cash at bank</u>		
			Axis Bank	30,407	-
			A/c No.914010029238412		
<u>Other Income(Specify)</u>			c) Term Deposits	-	-
Entrance Exam Fee	28,440	-			
	30,407	-		30,407	-

In terms of my report for even date attached.

For and on behalf of:

Surendra Dugar & Associates  
Chartered Accountants



CA. Surendra Dugar  
Proprietor  
MRN: 063571 / FRN: 325846E



Tezpur, 31st July'2015

For and on behalf of the management

LGB Regional Institute of Mental Health

Authorized Signatory

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2014

## SCHEDULE 24: SIGNIFICANT ACCOUNTING POLICIES

1. **Accounting Convention:** The attested financial statements have been prepared on the basis of historical cost concept and on cash accounting basis.
2. **Inventory Valuation:** Stores and spares are valued at cost or net realizable value, whichever is lower.
3. **Fixed assets and depreciation:**
  - a. Fixed assets are stated at written down value after providing depreciation at the rates prescribed under Section 32 of the Income Tax Act, 1961..
  - b. The current construction cost of the new buildings has been incorporated in the books under the head "Creation of Capital Assets."
  - c. The Institute, until the previous financial year, has been charging depreciation at the rates prescribed under Schedule XIV of the Companies Act, 1956 under SLM Method. In the current year, the depreciation rates have been changed to applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under WDV method.
4. **Government Grants:** Government grants are recognized on realization basis. Grants received for Capital Outlay have been credited to Corpus Fund account and that received as General Fund are credited to Grants in aid a/c shown under Income and Expenditure account. *Interest on government grants, whether invested from Capital Fund or General Fund, invested as fixed deposits have been shown as Interest Earned under Income and Expenditure account.*



5. **Retirement Benefits:** No provisions have been made for gratuity or leave encashment payable.
6. **Interest Income:** Income earned on regular savings account as well as on term deposits are credited for in the books of accounts on cash basis.



SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2014

## SCHEDULE 25: CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

1. **Current Assets, Loans and Advances:** In the opinion of the management, current assets and loans and advances have a value on realization in the ordinary course of business, at least to the aggregate amount shown in the balance sheet.
2. **Provision for taxation:** Provision for income tax is not made for the reason that the Institute is exempted from taxation under section 10 of the Income Tax Act, 1961.

*However, as per recent amendment made in Budget 2014, any medical institution or hospital covered under Section 10(23C)(iii) or (via) of the Income Tax Act, 1961 shall be required to file its return of income u/s 139(4C) if its income (without giving exemption under section 10) exceeds the maximum amount not chargeable to tax.*

*It is advisable that the Institute should take necessary steps to abide by the taxation laws.*

3. **Re-arrangement of previous year's figure:** The previous year's figures have been re-grouped, re-arranged, re-classified wherever necessary to facilitate comparison with the current year's figures.
4. **Bank Reconciliation Statement:** *It has been observed that the Institute had not passed entries pertaining to bank charges and liquid deposit fund.* As a matter of internal control, it is advisable that The Institute should take necessary steps to minimize the entries appearing in the bank reconciliation statement by passing the regular entries appearing in the bank statement.



5. **Books of accounts:** The Institute has maintained manual Cash Books which are then posted into an in-house developed computerized accounting software. Hence, the audit had been conducted by verifying transactions from various registers (computerized as well as manual).

6. **Depreciation:** *The Institute, until the previous financial year, has been charging depreciation at the rates prescribed under Schedule XIV of the Companies Act, 1956 under SLM Method. In the current year, the depreciation rates have been changed to applicable rates prescribed u/s 32 of the Income Tax Act, 1961 under WDV method.*

*Accounting Standard 6 "Depreciation" issued by the ICAI suggest that in case depreciation method is changed, depreciation should be recomputed applying the new method from the beginning of the useful life of the depreciable asset. The resultant surplus/ deficiency arising out of the recomputation is charged to profit and loss statement. Whereas the Institute have charged depreciation on the opening WDV of the asset as on 01.04.2014 at rates prescribed u/s 32 of the Income Tax Act, 1961.*

*As explained and according to the information provided to us, the Institute have not maintained the date of put to use of its fixed assets which is required for calculation of depreciation as per the method of "Useful life of the asset" under the Companies Act, 2013. Hence, the impact due to change in accounting policy on profit or loss of the Institute cannot be ascertained.*

7. **Interest accrued on Fixed Deposits:** *The Institute have been following cash basis of accounting and owing to that the interest accrued on its FDR, upto 31.3.15 have not been accounted for in the books of accounts. As per calculation provided to us, the income of the Institute is understated by ₹90.08 Lakhs, being interest accrued on FDR upto 31.3.15.*



8. **Accounting Convention:** As explained and according to the information provided to us since the Institute is following cash basis of accounting, it do not accounts for the asset on the date of its put to use. The same are accounted for at the time of payment of the bill for purchase of asset. Moreover, fixed assets register is also updated on the date of payment of the asset.
9. **Statutory Liabilities:** The Institute have not paid undisputed amount of following tax liabilities which are outstanding for more than 6 months:
- a) VAT - ₹ 952/-
  - b) LIC - ₹ 650/-
  - c) Others - ₹ 466/-



